# Smart Healthcare -Al Perspectives

### **Fulbright Lecture 2023 – KL Deemed University**

### Guntur, India, 1-31 July 2023



Prof./Dr. Saraju Mohanty University of North Texas, USA.





## Outline

- Healthcare → Smart Healthcare
- Smart Healthcare Characteristics
- Smart Healthcare Components
- Smart Healthcare Examples
- Smart Healthcare Challenges
- Smart Healthcare Solutions of Challenges
- Conclusions and Future Directions



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## Healthcare to Smart Healthcare



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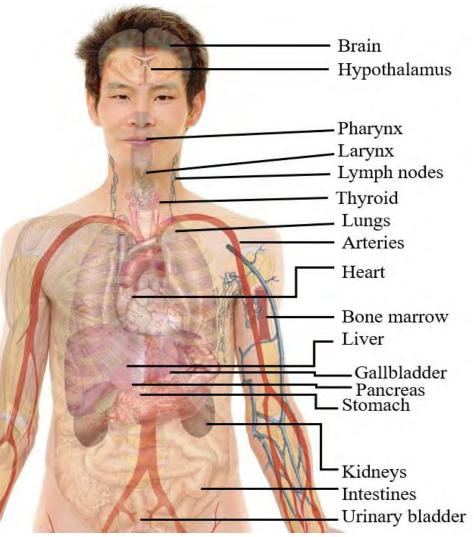
## **Human Body and Health**

### Human Body

From an engineering perspective, the human body can be defined as a combination of multi-disciplinary subsystems (electrical, mechanical, chemical...).

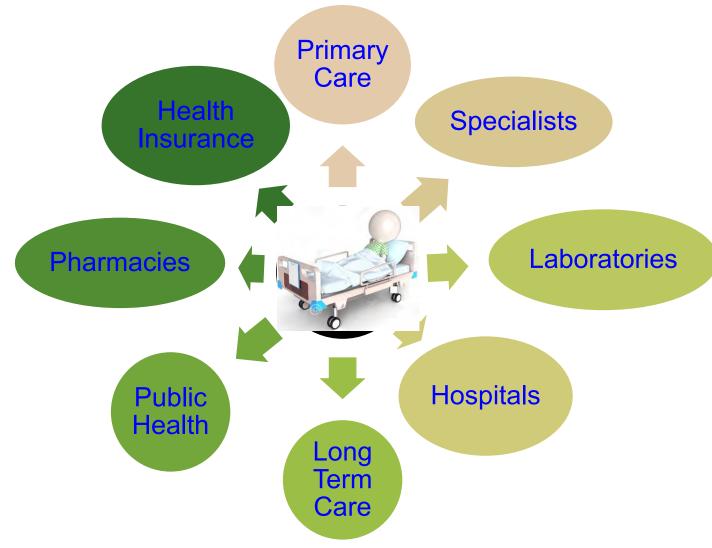
### Health

Human health is a state of complete physical, mental and social well-being.





### **Traditional Healthcare**



Physical presence needed

- Deals with many stakeholders
- Stakeholders may not interact
- May not be personalized
- Not much active feedback
- No follow-up from physicians



### **Electronic Health (eHealth)**

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Source: W. O. Nijeweme-d'Hollosy, L. van Velsen, M. Huygens and H. Hermens, "Requirements for and Barriers towards Interoperable eHealth Technology in Primary Care," *IEEE Internet Computing*, vol. 19, no. 4, pp. 10-19, July-Aug. 2015.

eHealth: The use of information and communication technologies (ICT) to improve healthcare services.



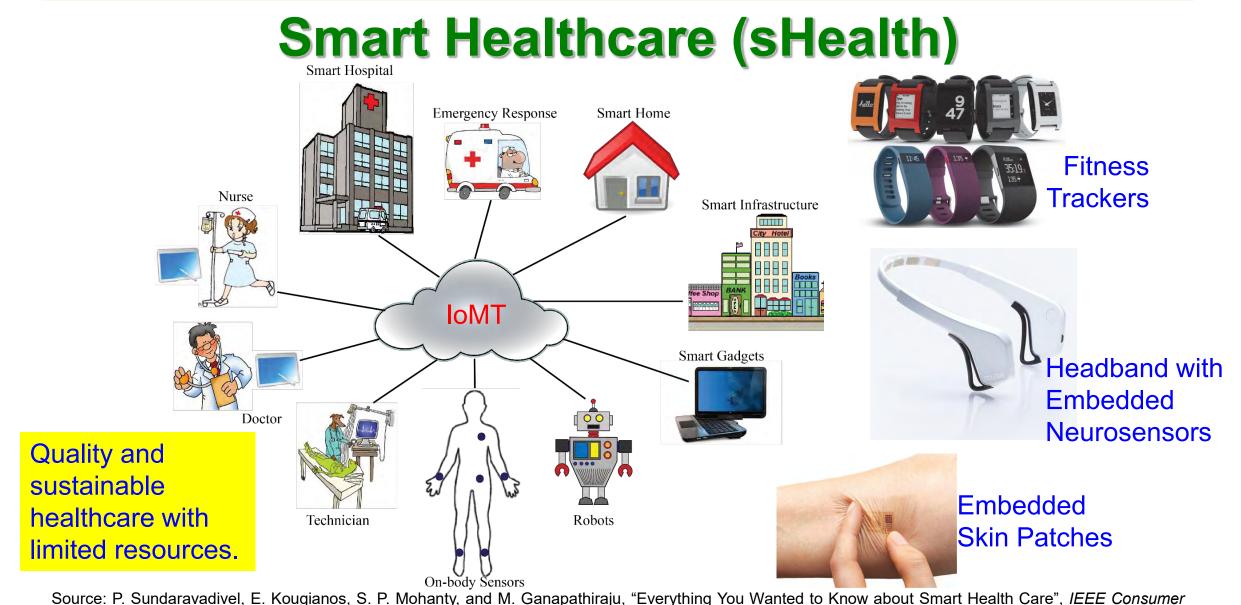
## **Mobile Health (mHealth)**



mHealth: Healthcare supported by *mobile devices* that uses mobile telecommunications and multimedia technologies for the delivery of healthcare services and health information.

Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y.Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.

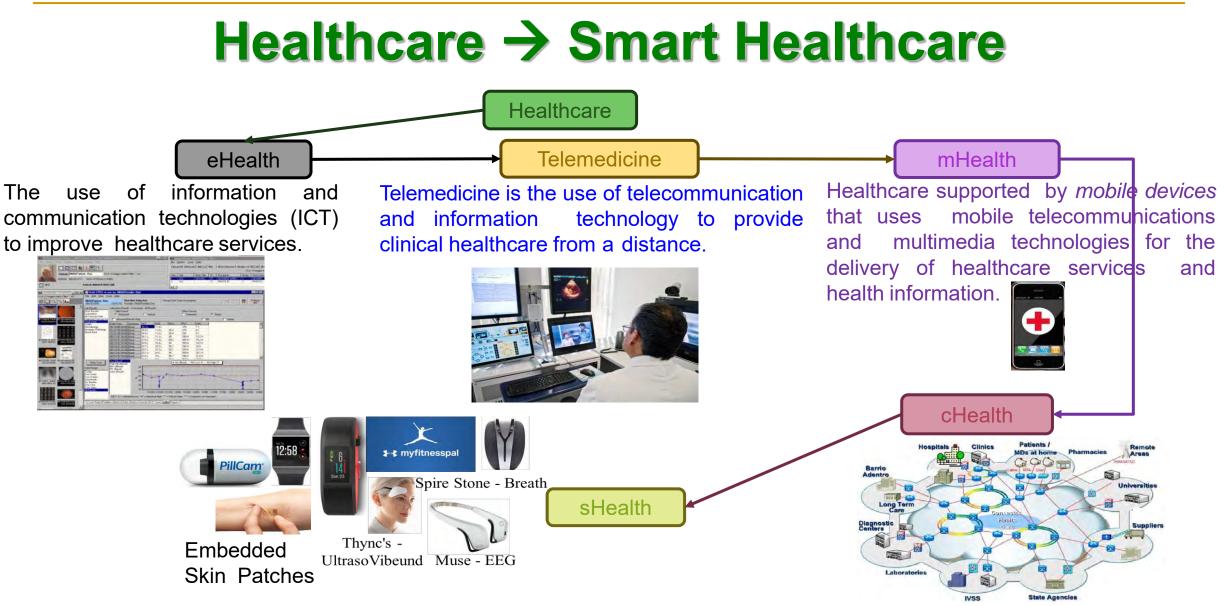




Electronics Magazine (MCE), Vol. 7, Issue 1, January 2018, pp. 18-28.



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Source: Saraju P. Mohanty, "Smart Healthcare: From Healthcare to Smart Healthcare", ICCE 2020 Panel, Jan 2020.



### **Smart Healthcare - Applications**







#### **Healthy Living**

- Fitness Tracking
- Disease
   Prevention
- Food monitoring

#### **Home Care**

- Mobile health
- Telemedicine
- Self-
- management
- Assisted Living

#### Acute Care

- Hospital
- Specialty clinic
- Nursing Home
- Community Hospital

Frost and Sullivan predicts smart healthcare market value to reach US\$348.5 billion by 2025.

Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 7, Issue 1, January 2018, pp. 18-28.



### Smart Healthcare -Characteristics



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### What is Smart Healthcare?

Smart Healthcare ← Conventional Healthcare + Body sensors + Smart Technologies +Information & Communication Technology (ICT) + AI/ML

Internet of Medical Things (IoMT) Internet of Health Things (IoHT)

Healthcare Cyber-Physical Systems (H-CPS)

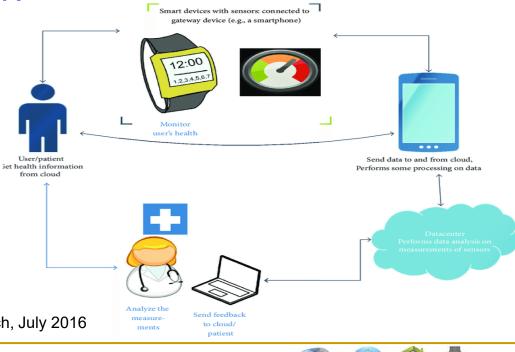
Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (MCE)*, Volume 7, Issue 1, January 2018, pp. 18-28.



### **Smart Healthcare - IoMT**

- The Internet of Medical Things (IoMT) is the collection of medical devices and applications that connect to healthcare IT systems through online computer networks.
- Medical devices equipped with Wi-Fi allow the machine-to-machine communication that is the basis of IoMT.

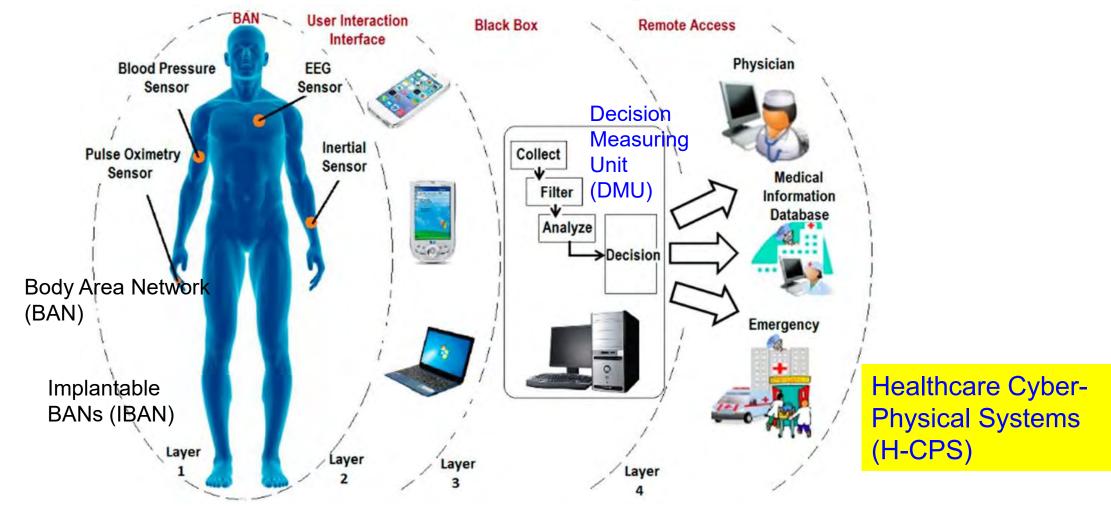
Smart Healthcare is defined by the technology that leads to better diagnostic tools, better treatment for patients, and devices that improves the quality of life for anyone and everyone.



Dimitrov 2016, Healthcare Informatics Research, July 2016



### **Smart Healthcare - 4-Layer Architecture**



Source: M. Ghamari, B. Janko, R.S. Sherratt, W. Harwin, R. Piechockic, and C. Soltanpur, "A Survey on Wireless Body Area Networks for eHealthcare Systems in Residential Environments", *Sensors*, 2016. 16(6): p. 831.



### Wearable Medical Devices (WMDs)





Headband with Embedded Neurosensors



Source: https://www.empatica.com/embrace2/ Medical grade smart watch to detect seizure

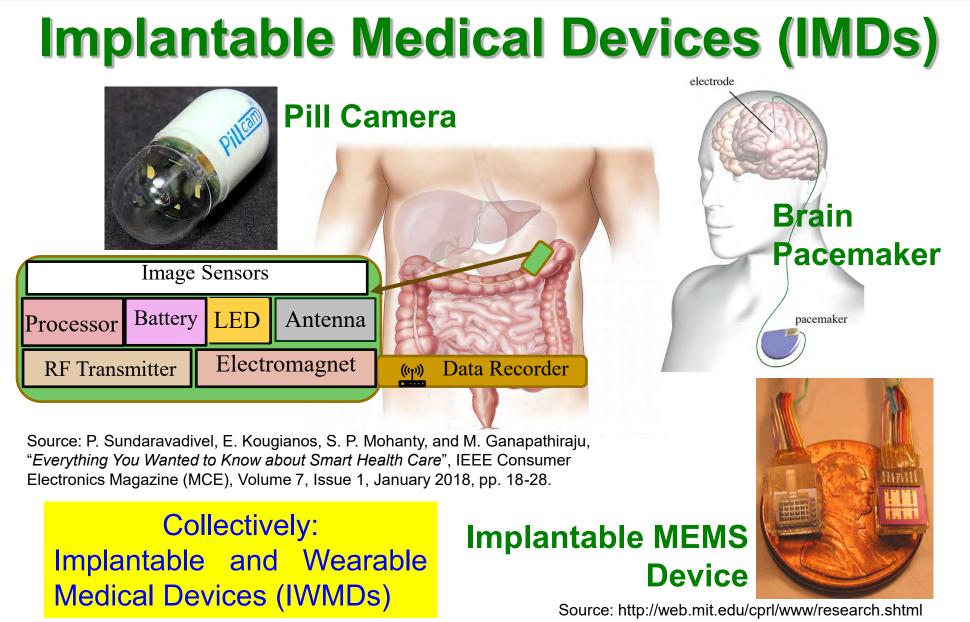


Source: https://www.webmd.com



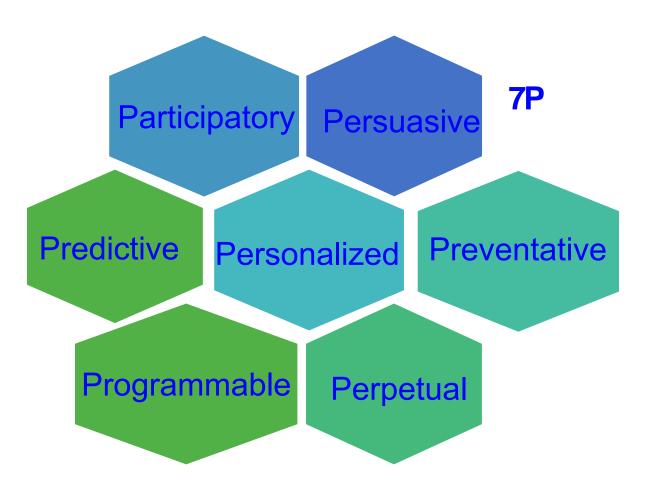
### Embedded Skin Patches







### **Smart Healthcare – 7Ps**



Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y.Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.



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## **Smart Healthcare - Advantages & Limitations**

### **Advantages**

#### **Patients/Users**

- Real-time interventions in emergency
- Cost reduction
- Reduced morbidity and financial burden due to less follow up visits

#### **Healthcare Service Providers**

- Optimal utilization of resources
- Reduced response time in emergency

#### Manufacturers

- Standardization/compatibility and uniformity of data available
- Capability to sense and communicate health related information to remote location

### Limitations

#### **Technical Challenges**

- Security of IoT data hacking and unauthorized use of IoT
- Lack of standards and communication protocols
- Errors in patient data handling
- Data integration
- Need for medical expertise
- Managing device diversity and interoperability
- Scale, data volume and performance

#### **Market Challenges**

- Physician compliance
- Data overload on healthcare facility
- Mobile hesitation
- Security policy compliance

Source: Y. Shelke and A. Sharma, "Internet of Medical Things", 2016, Aranca, https://www.aranca.com/knowledge-library/special-reports/ip-research/the-internet-of-medical-things-iomt, Last Visited 10/18/2017.

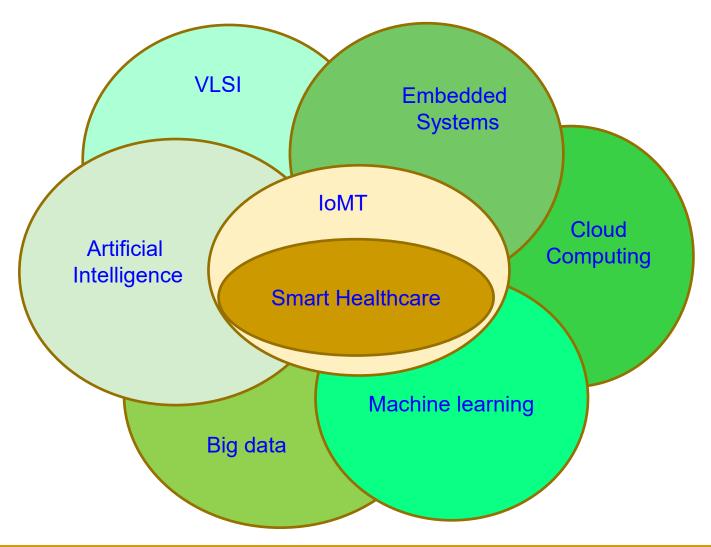


## Smart Healthcare -Components



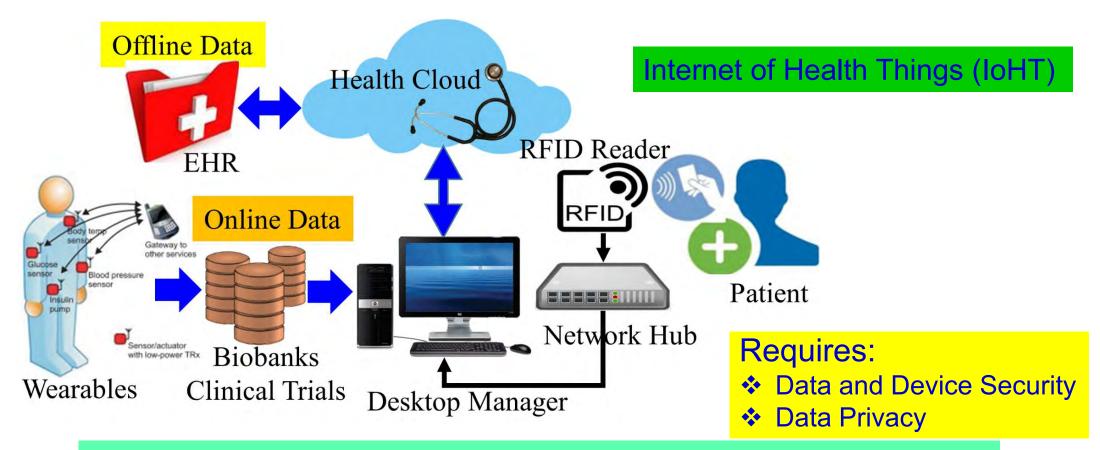
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### **Smart Healthcare - Verticals**





## Internet of Medical Things (IoMT)

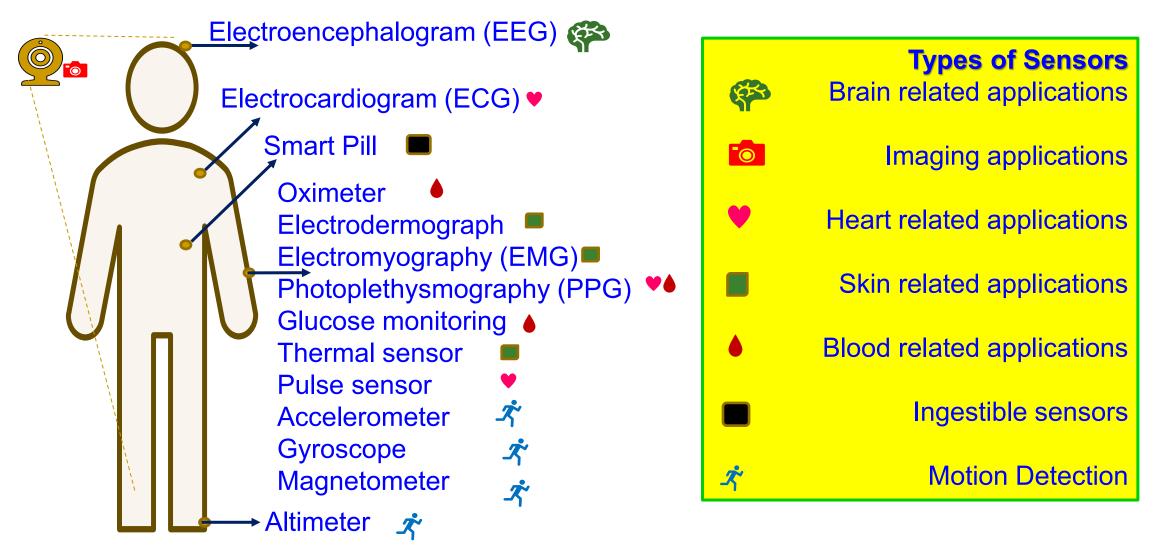


# IoMT is a collection of medical sensors, devices, healthcare database, and applications that connected through Internet.

Source: http://www.icemiller.com/ice-on-fire-insights/publications/the-internet-of-health-things-privacy-and-security/ Source: http://internetofthingsagenda.techtarget.com/definition/IoMT-Internet-of-Medical-Things



### **Smart Healthcare Sensors**





## Photoplethysmograph (PPG)

### Green LED - 540 nm wavelength – Preferred for wearables



Source: https://www.wareable.com/fitbit/fitbitred-light-optical-sensor-technology-2034

The body absorbs green really well, it's great for reducing signal distortion, but it doesn't penetrate deep. A lot of it is absorbed by your body so you don't get anything deeper than heart rate.

### Red LED - 645 nm wavelength - Preferred for hospitals and health industry



Source: https://willem.com/blog/2017-11-15\_collecting-health-data-with-biostrap/

The body is a poor absorber of red light allowing the light to pass much deeper into the body and a larger volume of tissues to help provide more insightful data and could lead to improved accuracy with biometric data like heart rate.



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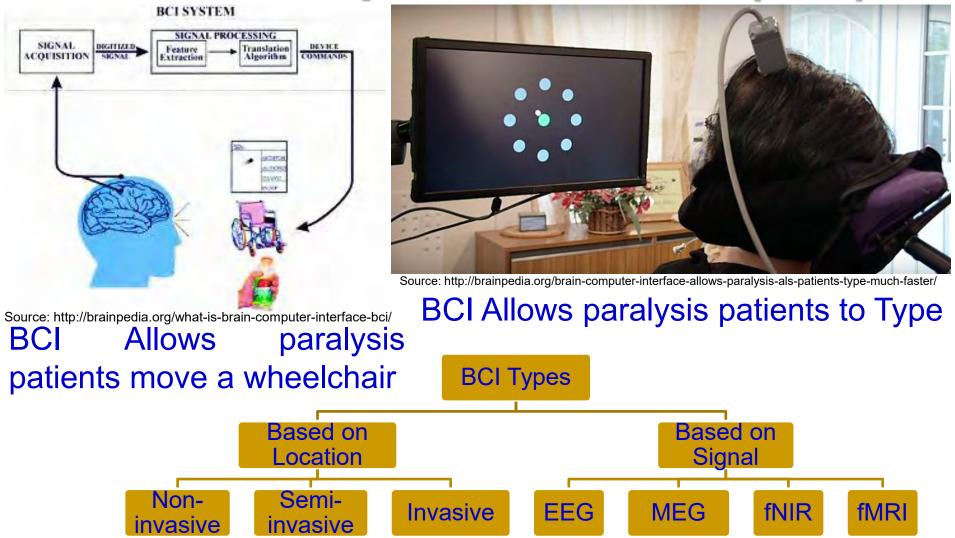
### **Smart Healthcare Communication**

Frequency Band	Data Rate	Range	Transmission Power
2.4 GHz	50–200 Kbps	30 m	~10 mW
868 MHz/ 915 MHz/ 2.4 GHz	20–250 Kbps	30 m	30 mW
2400-2485 MHz	1 Mbps	Up to 10 m	0.01–1 mW
2,360-2,400/ 2,400- 2,483.5 MHz UWB: 3–10 GHz HBC: 16/27 MHz	NB: 57.5–485.7 Kbps UWB: 0.5–10 Mbps	1.2 m	0.1 µW
402-405 MHz	Up to 500 Kbps	2 m	25 µW
	2.4 GHz 868 MHz/ 915 MHz/ 2.4 GHz 2400-2485 MHz 2,360-2,400/ 2,400- 2,483.5 MHz UWB: 3–10 GHz HBC: 16/27 MHz	2.4 GHz       50–200 Kbps         868 MHz/ 915 MHz/ 2.4 GHz       20–250 Kbps         2400-2485 MHz       1 Mbps         2,360-2,400/ 2,400- 2,483.5 MHz       NB: 57.5–485.7 Kbps UWB: 3–10 GHz HBC: 16/27 MHz	2.4 GHz50–200 Kbps30 m868 MHz/ 915 MHz/ 2.4 GHz20–250 Kbps30 m2400-2485 MHz1 MbpsUp to 10 m2,360-2,400/ 2,400- 2,483.5 MHz UWB: 3–10 GHz HBC: 16/27 MHzNB: 57.5–485.7 Kbps UWB: 0.5–10 Mbps1.2 m

Source: V. Custodio, F.J. Herrera, G. López, and J. I. Moreno, "A Review on Architectures and Communications Technologies for Wearable Health-Monitoring Systems", Sensors, 2012. 12(10): p. 13907-13946.



### **Brain Computer Interface (BCI)**

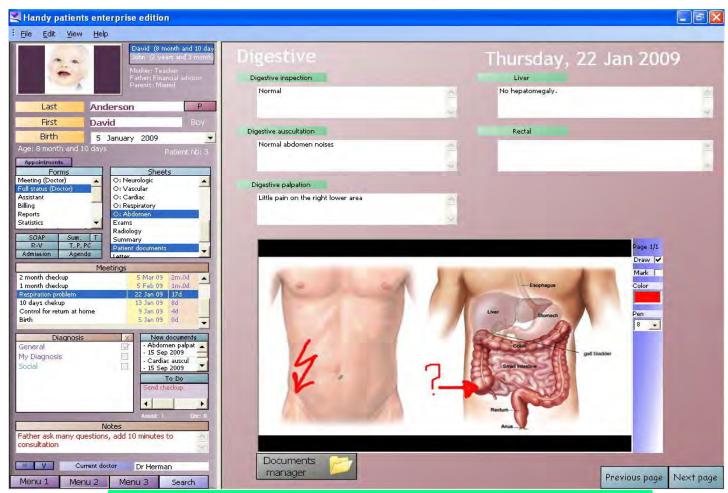






## **Electronics Health Record (EHR)**

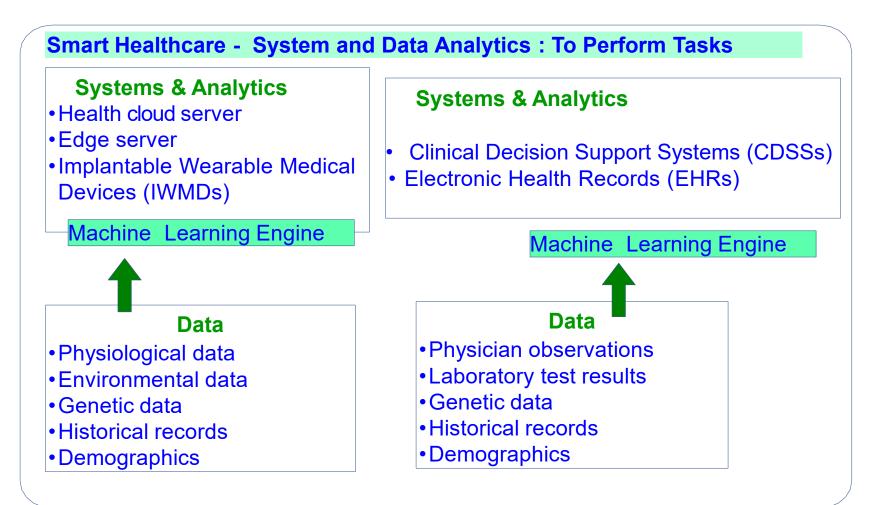
- Electronic Health Record (EHR) is the systematized collection of health information of individuals stored in a digital format.
- Created by various health providers such as hospitals and clinics.



### **Electronic Medical Record (EMR)**



### **Smart Healthcare – AI/ML Framework**



Source: Hongxu Yin, Ayten Ozge Akmandor, Arsalan Mosenia and Niraj K. Jha (2018), "Smart Healthcare", *Foundations and Trends*® *in Electronic Design Automation*, Vol. 12: No. 4, pp 401-466. http://dx.doi.org/10.1561/1000000054





### **Smart Healthcare – AI/ML is Key**



Source: Robert Pearl, "Artificial Intelligence In Healthcare: Separating Reality From Hype", 13 Mar 2018, https://www.forbes.com/sites/robertpearl/2018/03/13/artificial-intelligence-in-healthcare/?sh=598aa64d1d75 AI Role Includes:

- Automatic diagnosis
- Disease predication
- Diet prediction
- Pandemic projection
- Automatic prescription

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### Smart Healthcare – ML ...

No labelled dataset is provided and output is

Learning based on pattern identification and

**Reinforcement learning** 

• Based on trial and error with reward or

Algorithm trains to improve outcome over

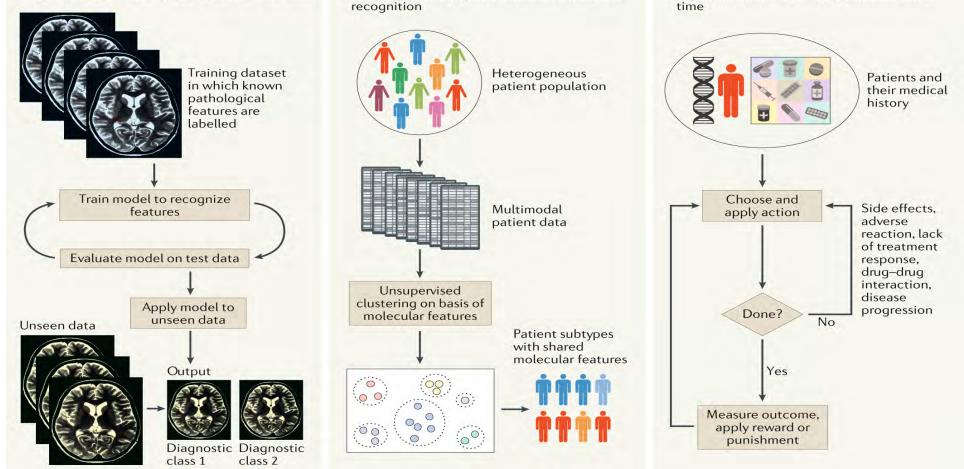
punishment before repetition

**Unsupervised** learning

unknown

#### Supervised learning

- A labelled dataset is provided
- Learning is task-driven
- Algorithm trains to improve outcome over time



Source: Myszczynska, M.A., Ojamies, P.N., Lacoste, A.M.B. et al. Applications of machine learning to diagnosis and treatment of neurodegenerative diseases. Nat Rev Neurol 16, 440–456 (2020). https://doi.org/10.1038/s41582-020-0377-8



# Smart Healthcare – Specific Examples



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## **Stress is a Global Issue**

- In major global economies 6 in 10 workers experiencing increased workplace stress.
- In USA: 75% of adults reported experiencing moderate to high levels of stress. 1 out of 75 people may experience panic disorder.
- In Australia: 91% of adults feel stress in at least one important area of their lives.
- In UK: An estimated 442,000 individuals, who worked in 2007/08 believed that they were experiencing work-related stress
- Depression is among the leading causes of disability worldwide.
   25% of those with depression world-wide have access to effective treatments → 75% don't have.

Source: http://www.gostress.com/stress-facts/



## **Stress Monitoring and Control is Needed**

Stress is the body's reaction to any change that requires an adjustment or response.

Sudden encounter with stress →Brain floods body with chemicals and hormones (adrenaline and cortisol)

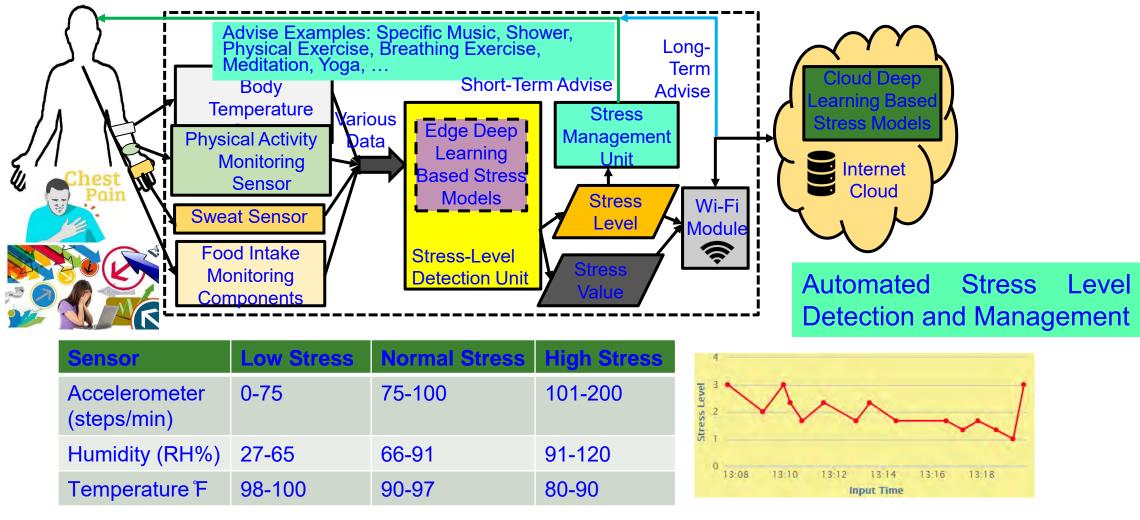


- Lack of Energy
- Type 2 Diabetes
- > Osteoporosis
- Mental cloudiness (brain fog) and memory problems
- A weakened immune system, leading to more vulnerable to infections





### **Stress Monitoring & Control – Our Vision**



Source: L. Rachakonda, S. P. Mohanty, E. Kougianos, and P. Sundaravadivel, "Stress-Lysis: A DNN-Integrated Edge Device for Stress Level Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 4, Nov 2019, pp. 474--483.



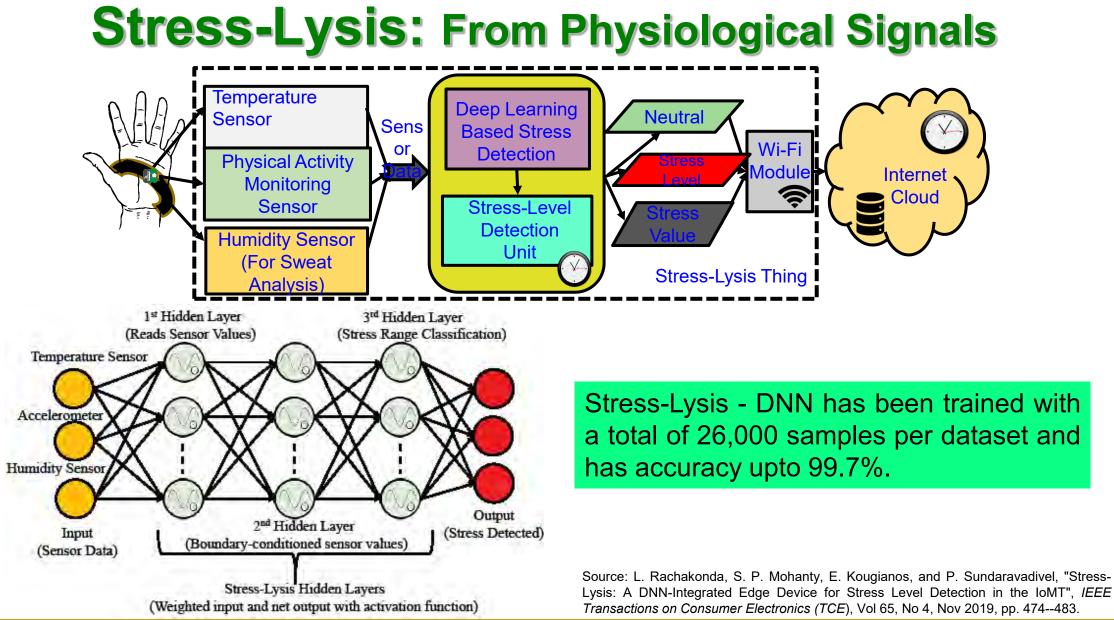
### Consumer Electronics Devices – Can Provide Data for Stress Detection

Brand	Device	Signals	RTI	Ambulant
Empatica	E4 wristband	PPG, GSR, HR, ACC, ST	Yes	Yes
Garmin	Vivosmart	HR, HRV, ACC	Yes	Yes
Zephyr	BioHarness 3.0	HR, HRV, GSR, ACC, ST	Yes	Yes
iMotions	Shimmer 3+ GSR	GSR, PPG	Yes	No
BIOPAC	Mobita Wearable	ECG, EEG, EGG EMG, and EOG	Yes	No

GSR = Galvanic Skin Response, HR = Heart Rate, ACC = Acceleration, ST = Skin Temperature, HRV = Heart Rate Variability, PPG = Photoplethysmograph, RTI = Real Time Implementation

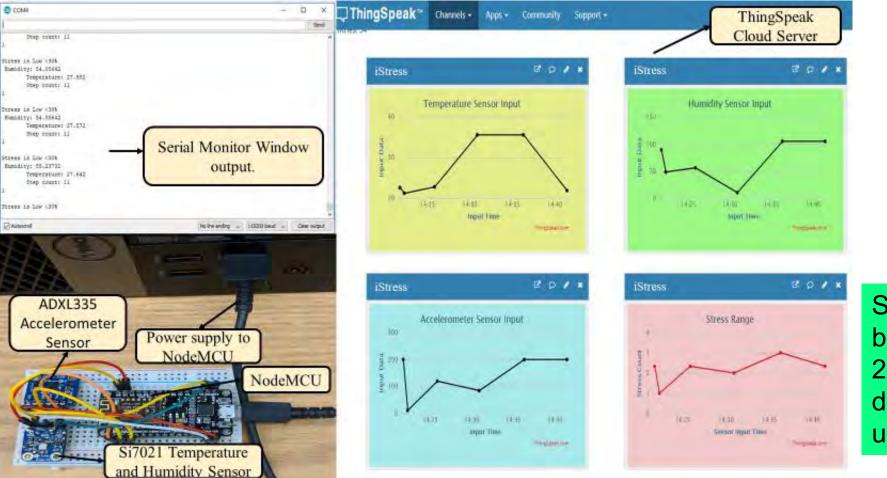
Source: R. K. Nath, H. Thapliyal, A. Caban-Holt, and S. P. Mohanty, "Machine Learning Based Solutions for Real-Time Stress Monitoring", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 5, September 2020, pp. 34--41.







### **Stress-Lysis: Experiments**



Stress-Lysis - DNN has been trained with a total of 26,000 samples per dataset and has accuracy upto 99.7%.

Source: L. Rachakonda, S. P. Mohanty, E. Kougianos, and P. Sundaravadivel, "Stress-Lysis: A DNN-Integrated Edge Device for Stress Level Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 4, Nov 2019, pp. 474--483.

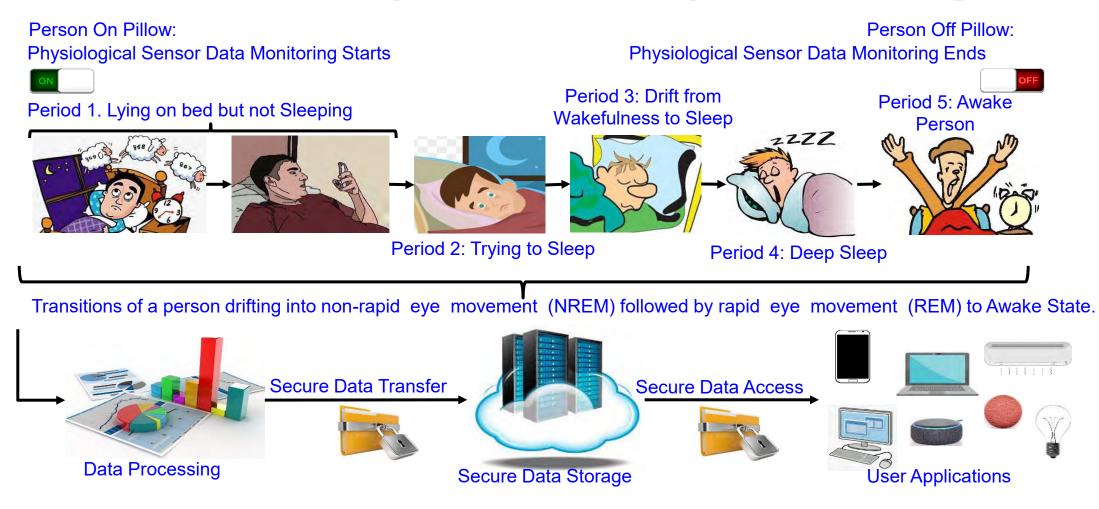


#### **Consumer Electronics Sleep Trackers**

<b>Consumer Products</b>	Approach	Features	Drawbacks	
itbit [34] Wearable		Heart rate monitor, sleep stages monitor. Has techniques to improve the sleep score.	Relationship between stress and sleep is not discussed.	
SleepScore Max [36]	Non-wearable	Invisible radio wave sleep tracking	Does not manage stress with sleep.	
Nokia Sleep [38]	Non-wearable	Uses Ballistocardiography sensor	Does not explain the relationship with stress with sleep.	
Xiaomi Mi Band 3 [31]	Wearable	Pulse Monitor	No information on importance of quality sleep.	
Eversleep [32]	wearable	Snoring and breathing interruptions	No explanation on the relationship between stress and sleep.	
Beddit [35]	Non-wearable	Monitors snoring	Doesn't consider other possible features.	
Eight [37]	Non-Wearable	Humidity, temperature, heartbeat, breathing rate	No data on how it is important to have a good sleep.	
Dreem [33]	Wearable	Simulates slow brain waves	It doesn't consider other features Does not manage stress with sleep	
Muse [26]	Wearable	Simulates brain waves	No understanding of the impor- tance of quality sleep.	

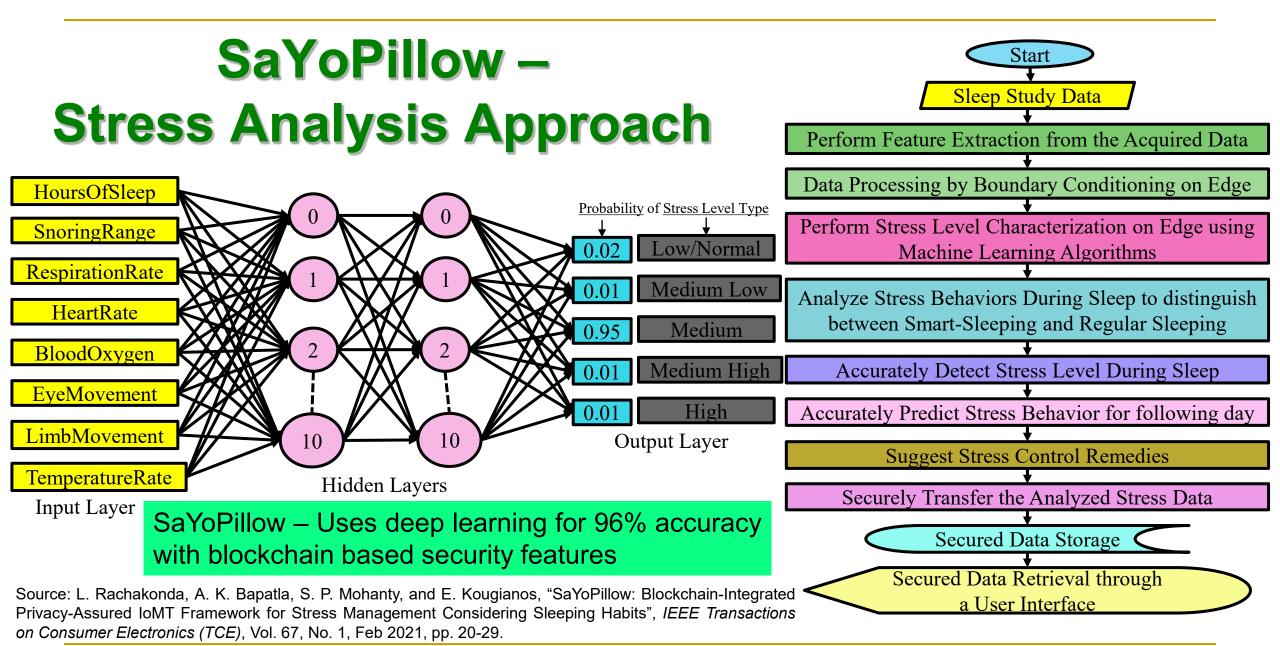


### Smart-Yoga Pillow (SaYoPillow) - Sleeping Pattern



Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougianos, "SaYoPillow: Blockchain-Integrated Privacy-Assured IoMT Framework for Stress Management Considering Sleeping Habits", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 67, No. 1, Feb 2021, pp. 20-29.







Smart Healthcare AI -- Prof./Dr. Saraju Mohanty

#### Imbalance Diet is a Global Issue

- Imbalanced diet can be either more or fewer of certain nutrients than the body needs.
- In 2017, 11 million deaths and 255 million disability-adjusted life-years (DALYs) were attributable to dietary risk factors.
- Eating wrong type of food is potential cause of a dietary imbalance:

Source: https://obesity-diet.nutritionalconference.com/events-list/imbalanced-diet-effects-and-causes https://www.thelancet.com/article/S0140-6736(19)30041-8/fulltext





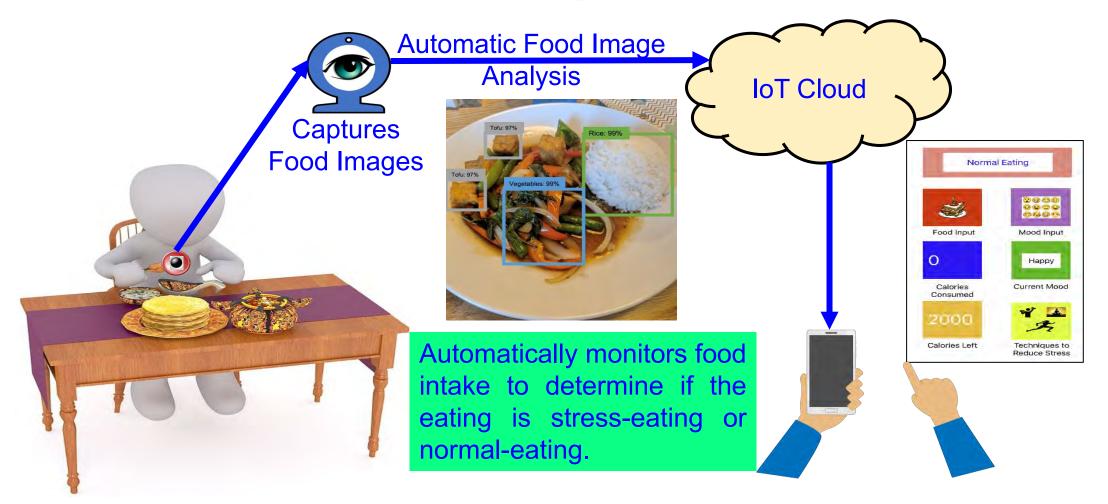
# Inflammatory Disease



Source: A. Mitra, S. Goel, **S. P. Mohanty**, E. Kougianos, and L. Rachakonda, "iLog 2.0: A Novel Method for Food Nutritional Value Automatic Quantification in Smart Healthcare", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.



### **Automatic Diet Monitoring & Control - Our Vision**

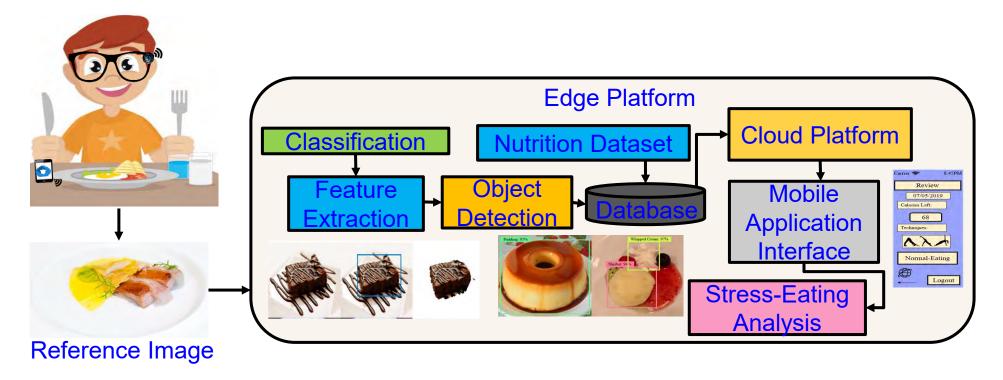


Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.





### **Smart Healthcare – Diet Monitoring - iLog**



#### iLog- Fully Automated Detection System with 98% accuracy.

Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.



#### **Smart Healthcare – iLog**

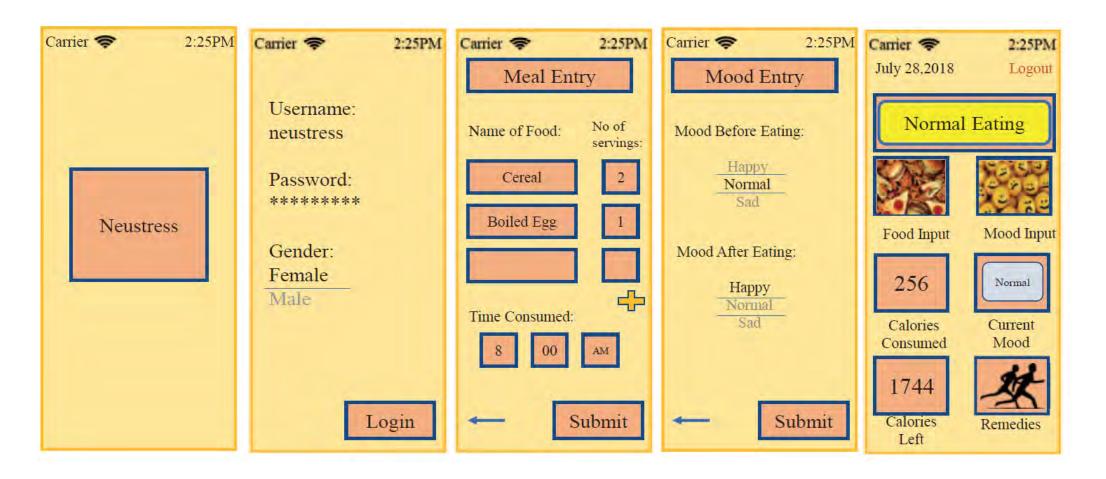


The data collected is sent to the Firebase Database in which the calorie count is generated by using a dataset with calories and sugars count of individual items from data.gov.

Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.



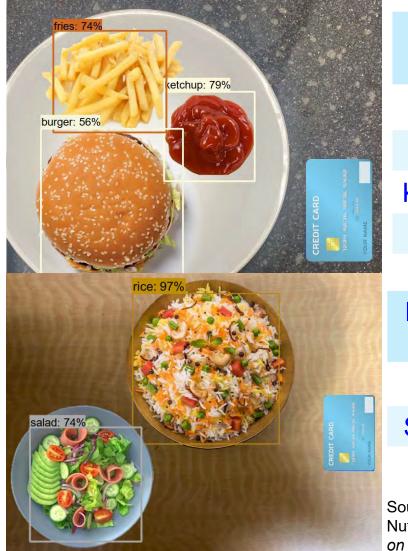
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Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "iLog: An Intelligent Device for Automatic Food Intake Monitoring and Stress Detection in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 2, May 2020, pp. 115--124.



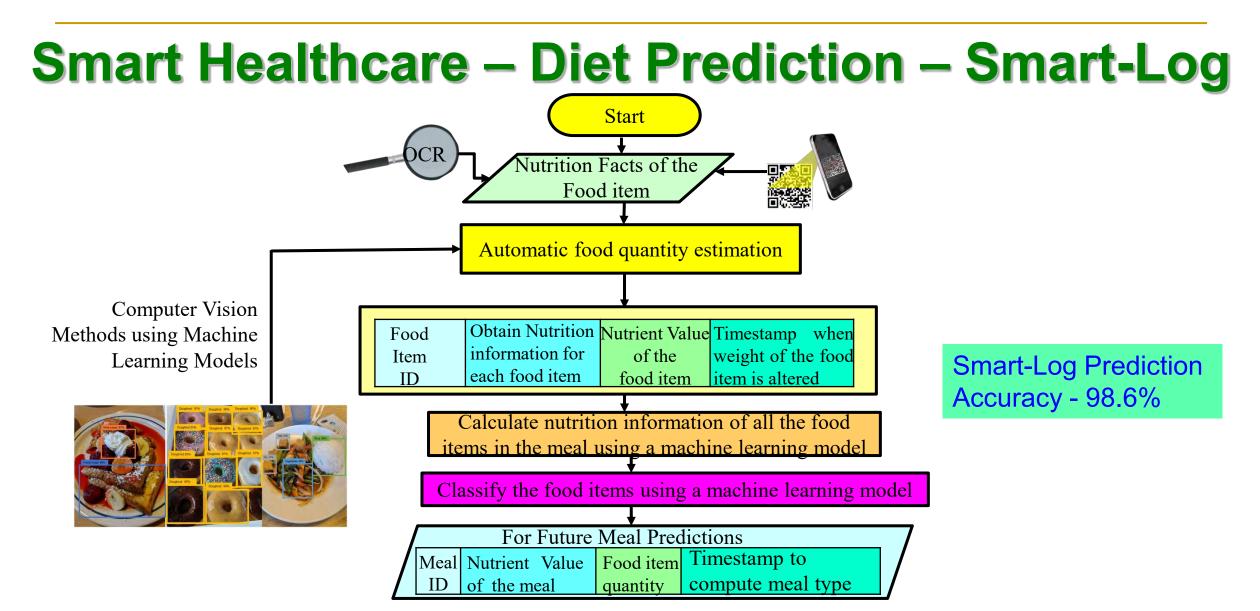
# **Smart Healthcare - Diet Monitoring - iLog 2.0**



Food Item	Saturated Fat (g)	Suga (g)	r Sodiun (mg)	n Protein (g)	Carbohydrates (g)
Fries	6.44	1.56	244	4.03	34.84
Burger	6.87	4.67	481	17.29	48.14
Ketchup	0	3.2	136	0.2	4.13
Total	13.31	9.43	861	21.52	87.11
Food Item	Saturated Fat (g)	Sugar (g)	Sodium (mg)	Protein (g)	Carbohydrates (g)
Rice	0.3	0.3	6	12.9	135
Salad	0.8	3.9	264	1.1	7
Total	1.1	4.2	270	14	142

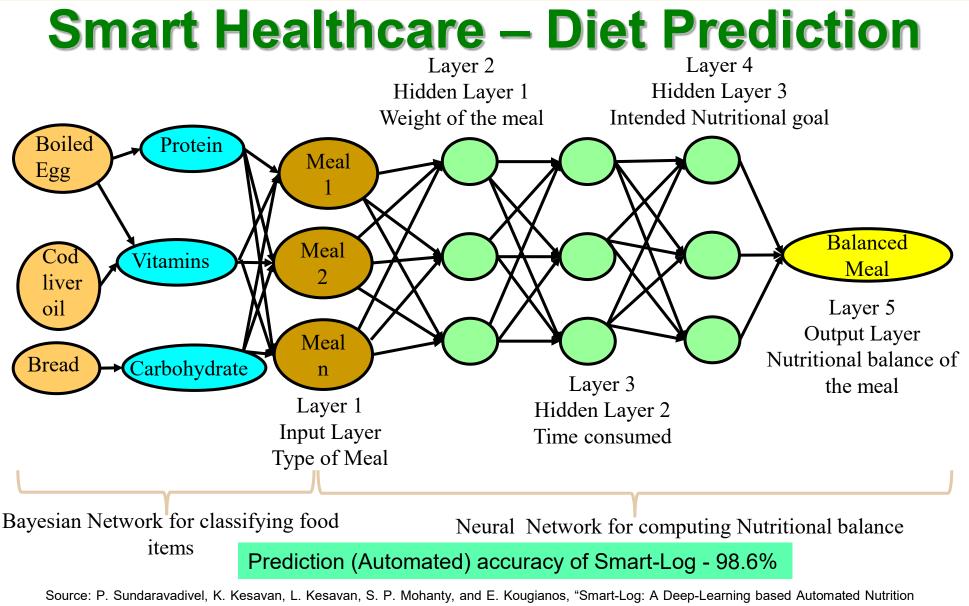
Source: A. Mitra, S. Goel, **S. P. Mohanty**, E. Kougianos, and L. Rachakonda, "iLog 2.0: A Novel Method for Food Nutritional Value Automatic Quantification in Smart Healthcare", in *Proceedings of the IEEE International Symposium on Smart Electronic Systems (iSES)*, 2022, pp. Accepted.





Source: P. Sundaravadivel, K. Kesavan, L. Kesavan, **S. P. Mohanty**, and E. Kougianos, "Smart-Log: A Deep-Learning based Automated Nutrition Monitoring System in the IoT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 64, Issue 3, Aug 2018, pp. 390-398.





Monitoring System in the IoT", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 64, Issue 3, August 2018, pp. 390--398.



#### Elderly Fall Automatic Detection is Needed to Improve Quality of Life

- Elderly Fall: Approximately a third of elderly people 65 years or older fall each year.
- ➤ Fall Caused → Over 800,000 hospital admissions, 2.8 million injuries and 27,000 deaths have occurred in the last few years.

Source: L. Rachakonda, A. Sharma, S. P. Mohanty, and E. Kougianos, "Good-Eye: A Combined Computer-Vision and Physiological-Sensor based Device for Full-Proof Prediction and Detection of Fall of Adults", in *Proceedings of the 2nd IFIP International Internet of Things (IoT) Conference (IFIP-IoT)*, 2019, pp. 273--288.



#### **Consumer Electronics for Fall Detection**

#### Wearables

Apple watch: uses only accelerometers, doesn't work on low thresholds like double carpet, bathroom, hardwood floors. The user must manually select the option SOS and as a reason it fails if the person is unconscious. Users may remain on the floor with no help for large hours.

**Drawbacks** 



Philips Lifeline: Uses only accelerometers and barometric sensors for pressure changes. After the fall, the system waits for 30 sec and directly connects to help.



Lively Mobile by greatcall and Sense4Care Angel4: Monitors fluctuations using only accelerometers.



Bay Alarm Medical and Medical Guardian: Use only accelerometers. Have huge base stations limiting the usage and location access.

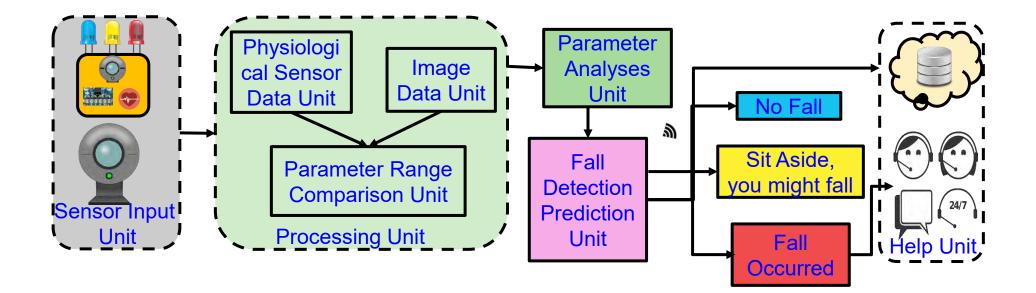


#### **Issues of Existing Research**

- Decisions of fall are dependent on the changes in accelerometer axes only.
- Some applications have user to give response after the fall and that can be time consuming as the user might not be conscious.
- Some applications are limited to a certain location and certain type of surroundings which add up the additional costs.
- Prediction of fall or warning the user that there might be an occurrence of fall is not provided by most of the applications.



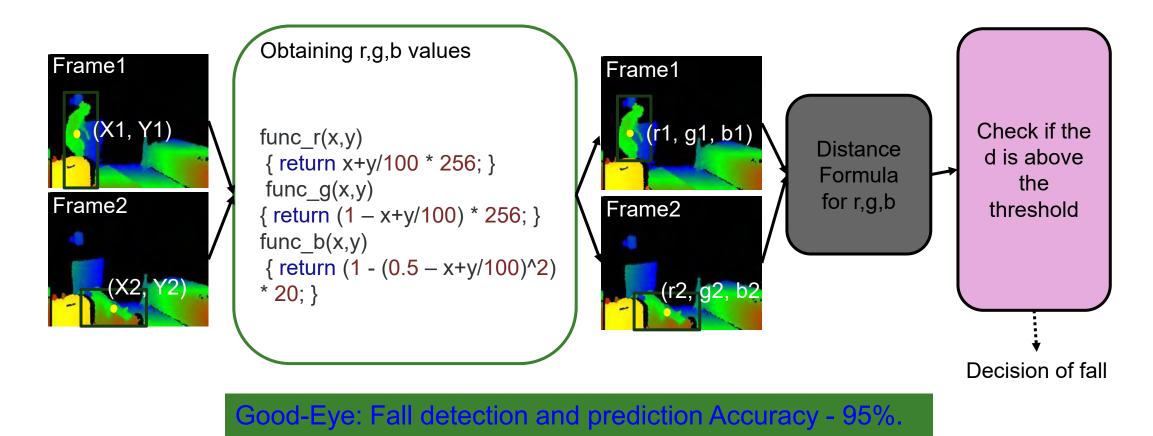
### Good-Eye: Our Multimodal Sensor System for Elderly Fall Prediction and Detection



Source: L. Rachakonda, A. Sharma, S. P. Mohanty, and E. Kougianos, "Good-Eye: A Combined Computer-Vision and Physiological-Sensor based Device for Full-Proof Prediction and Detection of Fall of Adults", in *Proceedings of the 2nd IFIP International Internet of Things (IoT) Conference (IFIP-IoT)*, 2019, pp. 273--288.



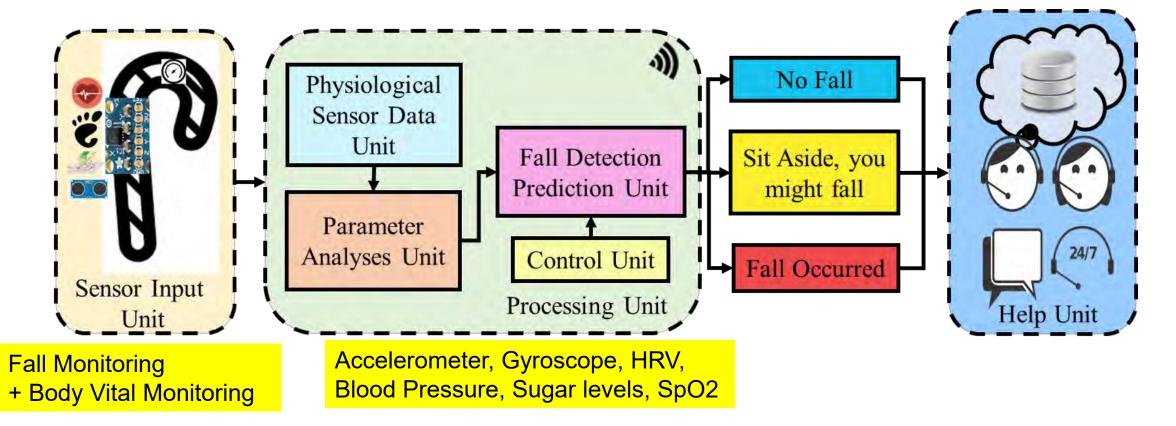
#### **Good-Eye: Elderly Fall Detection**



Source: L. Rachakonda, A. Sharma, S. P. Mohanty, and E. Kougianos, "Good-Eye: A Combined Computer-Vision and Physiological-Sensor based Device for Full-Proof Prediction and Detection of Fall of Adults", in *Proceedings of the 2nd IFIP International Internet of Things (IoT) Conference (IFIP-IoT)*, 2019, pp. 273--288.



#### cStick: A Calm Stick for Fall Prediction, Detection and Control



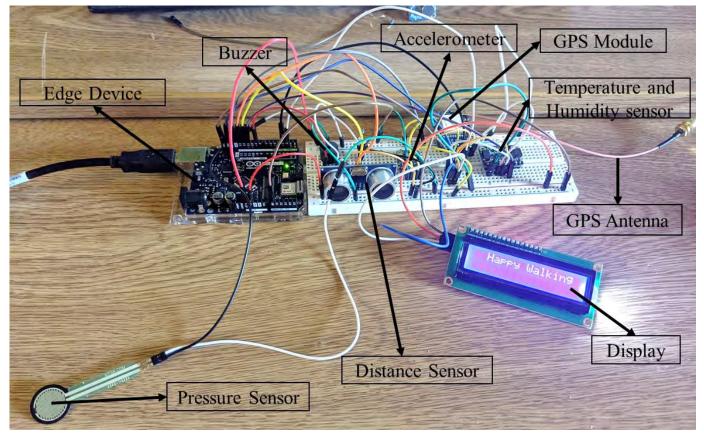
Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "cStick: A Calm Stick for Fall Prediction, Detection and Control in the IoMT Framework", in *Proceedings of the 4th IFIP International Internet of Things (IoT) Conference (IFIP-IoT)*, 2021.



## **cStick - Prototyping**

For the IoMT-Edge computing, a controller has been chosen with real time sensor data from various sensors which monitor the required parameters.

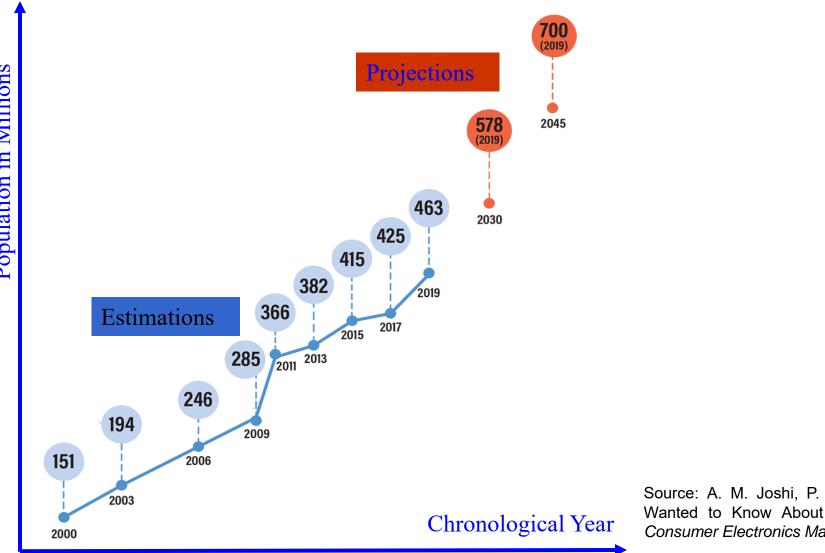
cStick: Fall detection and prediction Accuracy – 96.7%.



Source: L. Rachakonda, S. P. Mohanty, and E. Kougianos, "cStick: A Calm Stick for Fall Prediction, Detection and Control in the IoMT Framework", in *Proceedings of the 4th IFIP International Internet of Things (IoT) Conference (IFIP-IoT)*, 2021.



#### **Diabetes is a Global Crisis**



Source: A. M. Joshi, P. Jain and S. P. Mohanty, "Everything You Wanted to Know About Continuous Glucose Monitoring," *IEEE Consumer Electronics Magazine*, doi: 10.1109/MCE.2021.3073498.

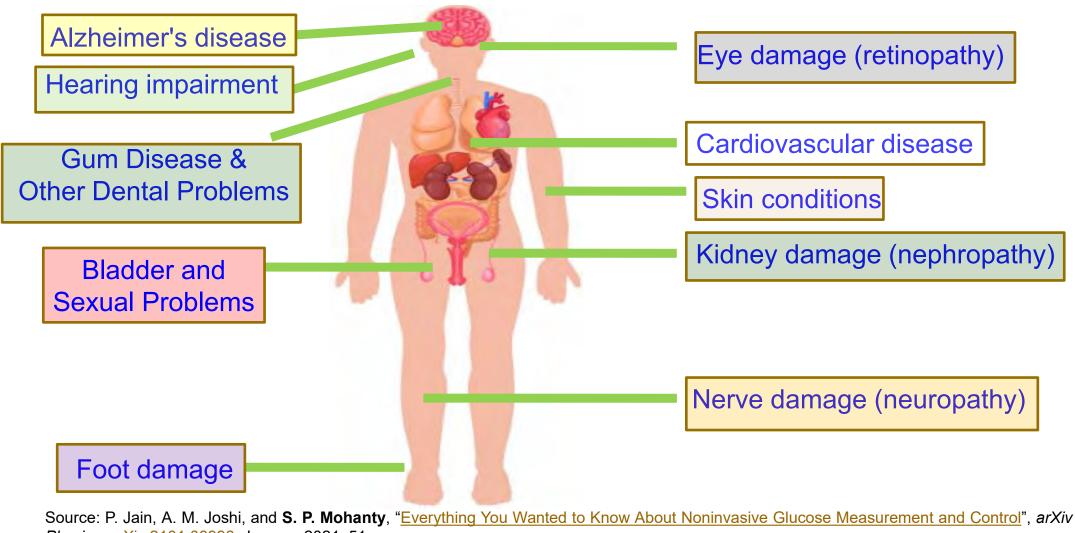


Population in Millions

7/12/2023

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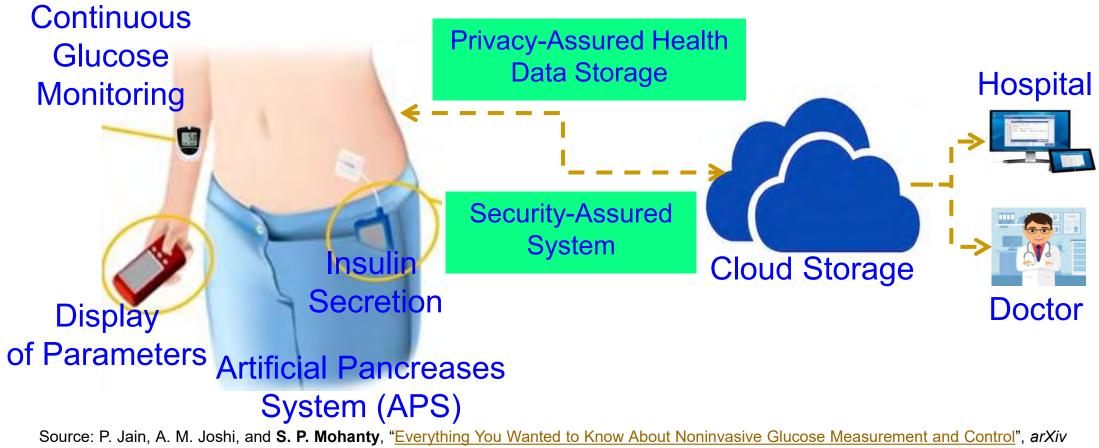
#### **Diabetes – Impact on Human Body**



*Physics*, arXiv:2101.08996, January 2021, 51-pages.



## Automatic Glucose Monitoring and Control -Our Vision - iGLU (Intelligent Noninvasive)



*Physics*, arXiv:2101.08996, January 2021, 51-pages.



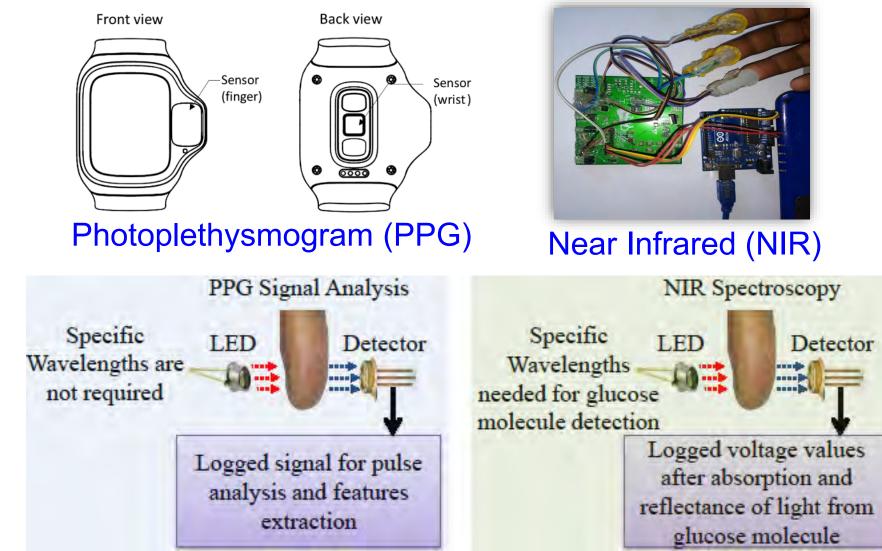
#### Blood Glucose Monitoring – Invasive Vs Noninvasive



*Physics*, arXiv:2101.08996, January 2021, 51-pages.

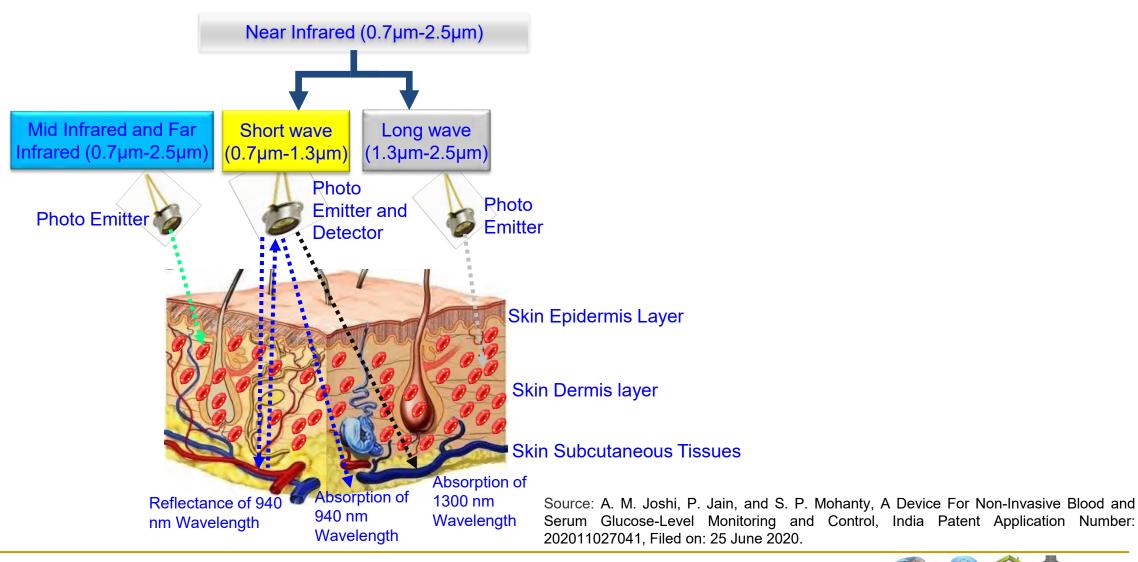


#### **Noninvasive Glucose-Level Monitoring**



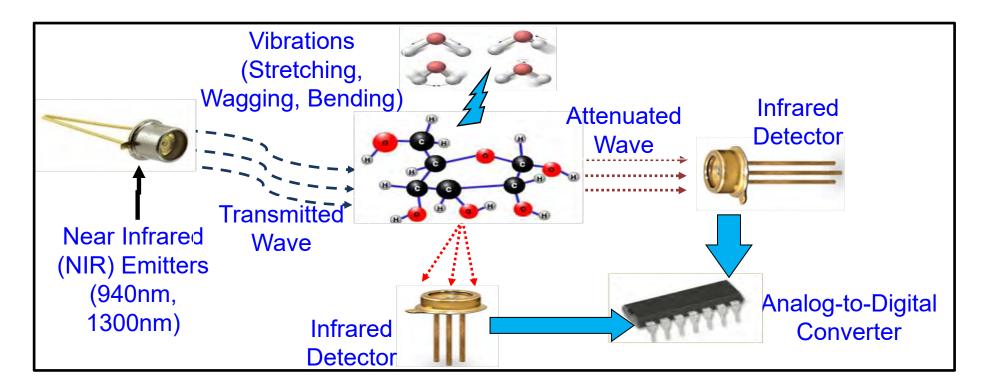


# **Unique Near Infrared Spectroscopy for iGLU**





#### iGLU 1.0: Capillary Glucose



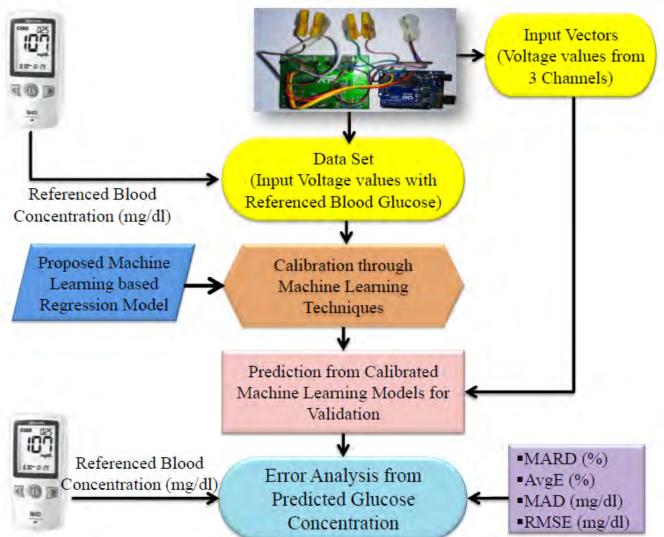
#### Clinically tested in an hospital.

Cost - US\$ 20 Accuracy - 100%

Source: P. Jain, A. M. Joshi, and S. P. Mohanty, "iGLU: An Intelligent Device for Accurate Non-Invasive Blood Glucose-Level Monitoring in Smart Healthcare", *IEEE Consumer Electronics Magazine (MCE)*, Vol. 9, No. 1, January 2020, pp. 35-42.



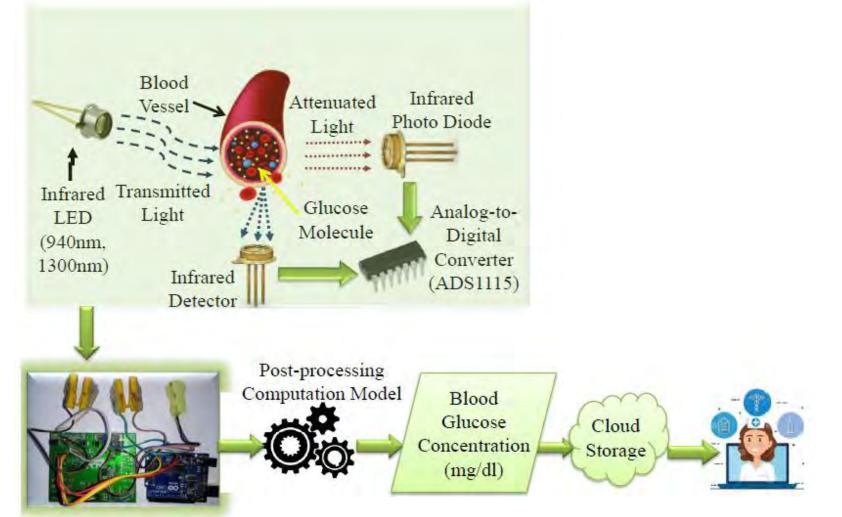
#### **iGLU 1.0: Modeling Flow**



Source: A. M. Joshi, P. Jain and S. P. Mohanty, "Everything You Wanted to Know About Continuous Glucose Monitoring," IEEE Consumer Electronics Magazine, doi: 10.1109/MCE.2021.3073498.



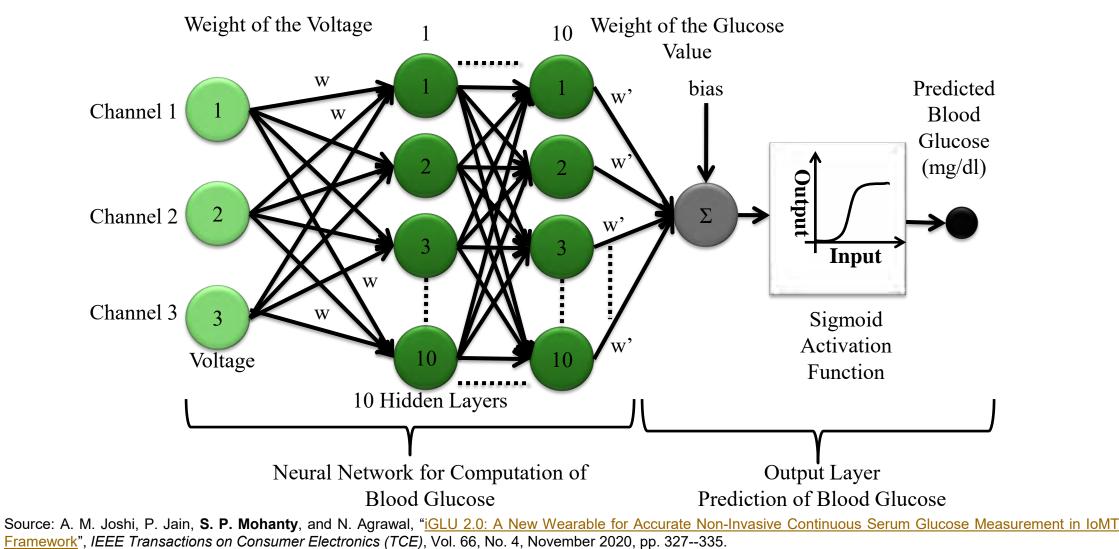
#### iGLU 2.0: Serum Glucose



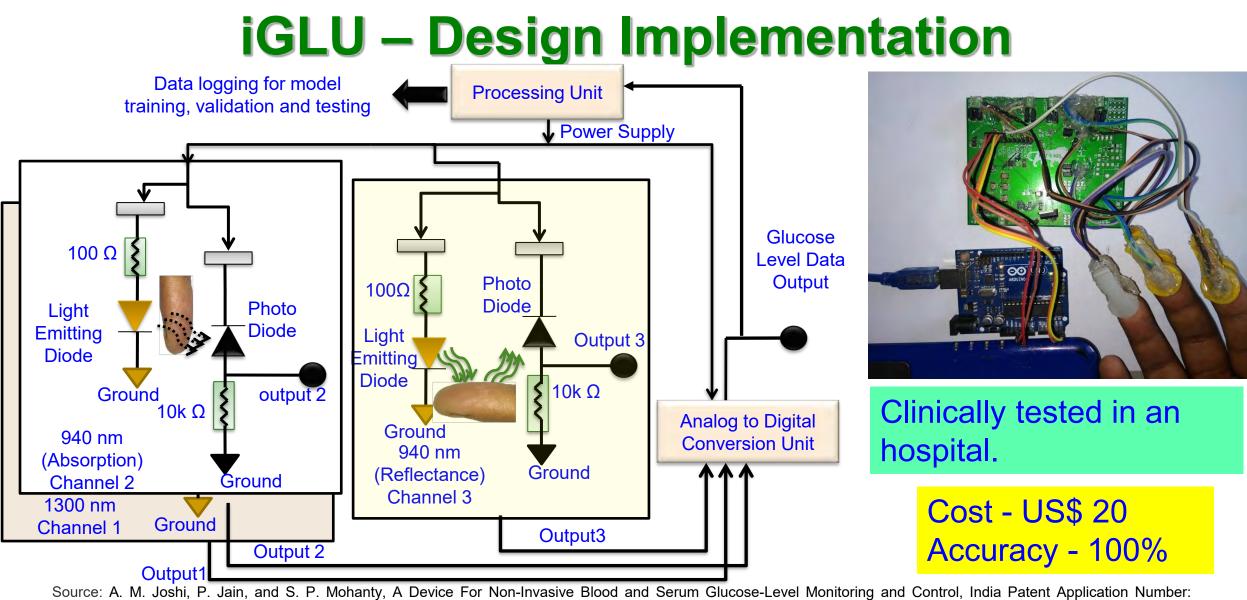
Source A. M. Joshi, P. Jain, S. P. Mohanty, and N. Agrawal, "iGLU 2.0: A New Wearable for Accurate Non-Invasive Continuous Serum Glucose Measurement in IoMT Framework", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. 66, No. 4, Nov 2020, pp. 327--335.



#### **DNN Based Glucose Prediction**

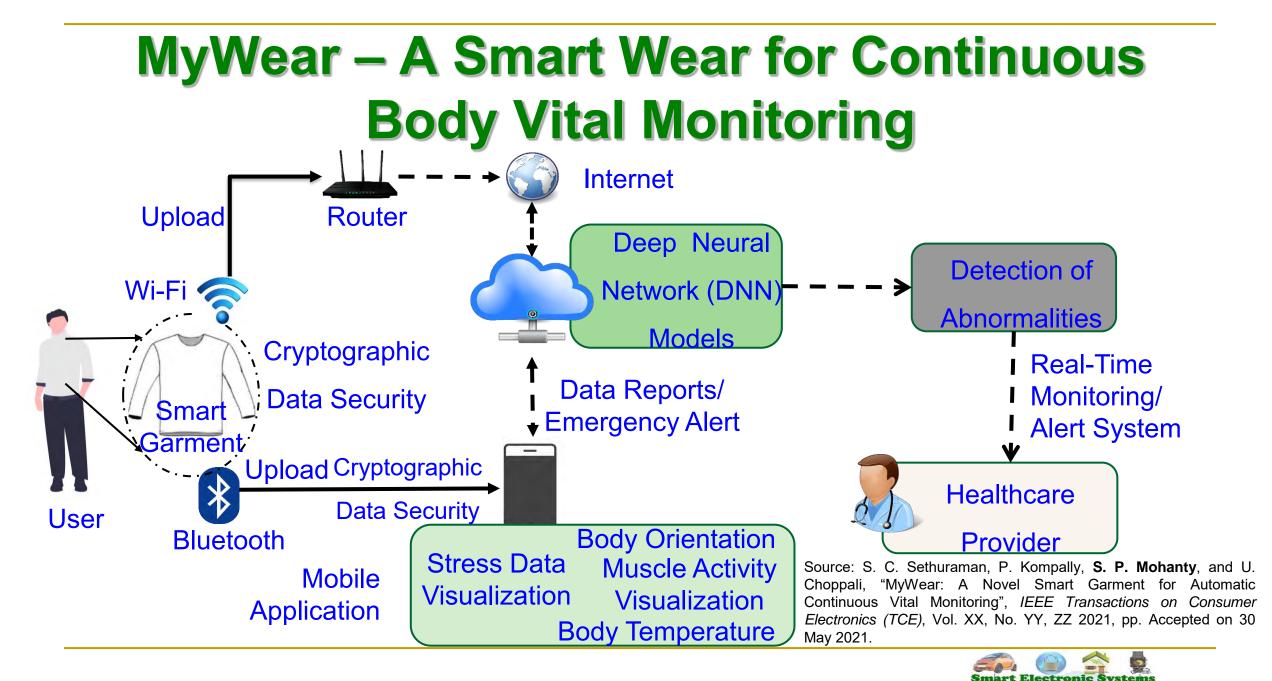






Source: A. M. Joshi, P. Jain, and S. P. Mohanty, A Device For Non-Invasive Blood and Serum Glucose-Level Monitoring and Control, India Patent Appli 202011027041, Filed on: 25 June 2020.



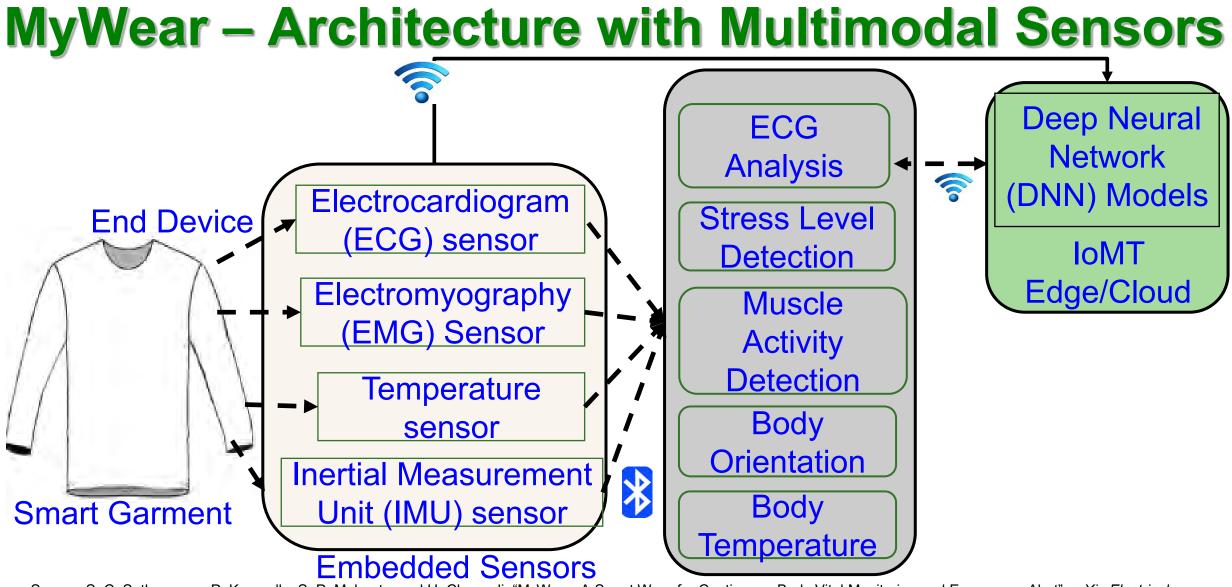


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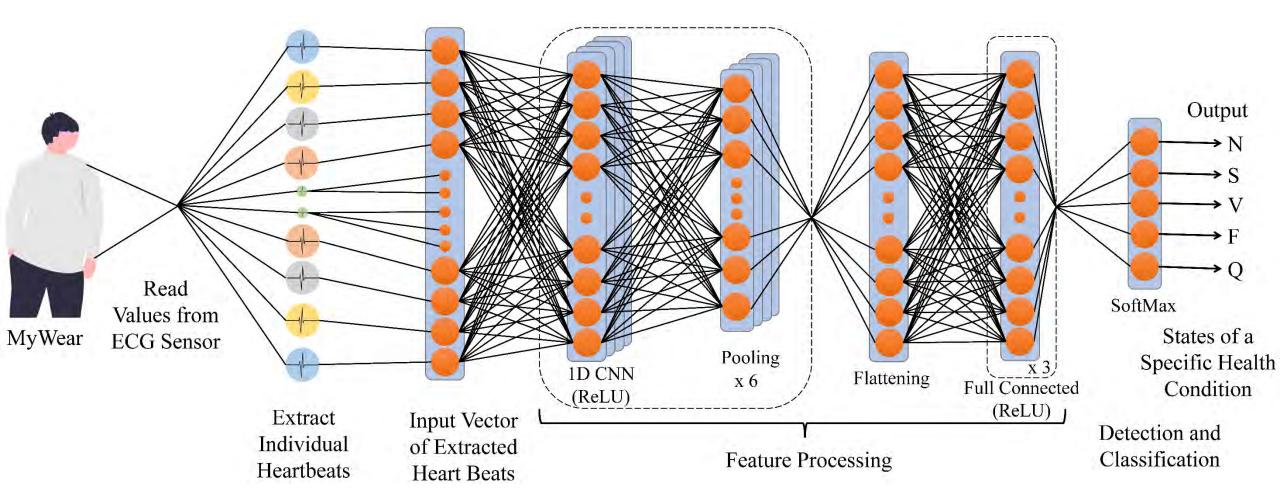
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Source: S. C. Sethuraman, P. Kompally, S. P. Mohanty, and U. Choppali, "MyWear: A Smart Wear for Continuous Body Vital Monitoring and Emergency Alert", *arXiv Electrical Engineering and Systems Science*, arXiv:2005.06342, Oct 2020, 25-pages.

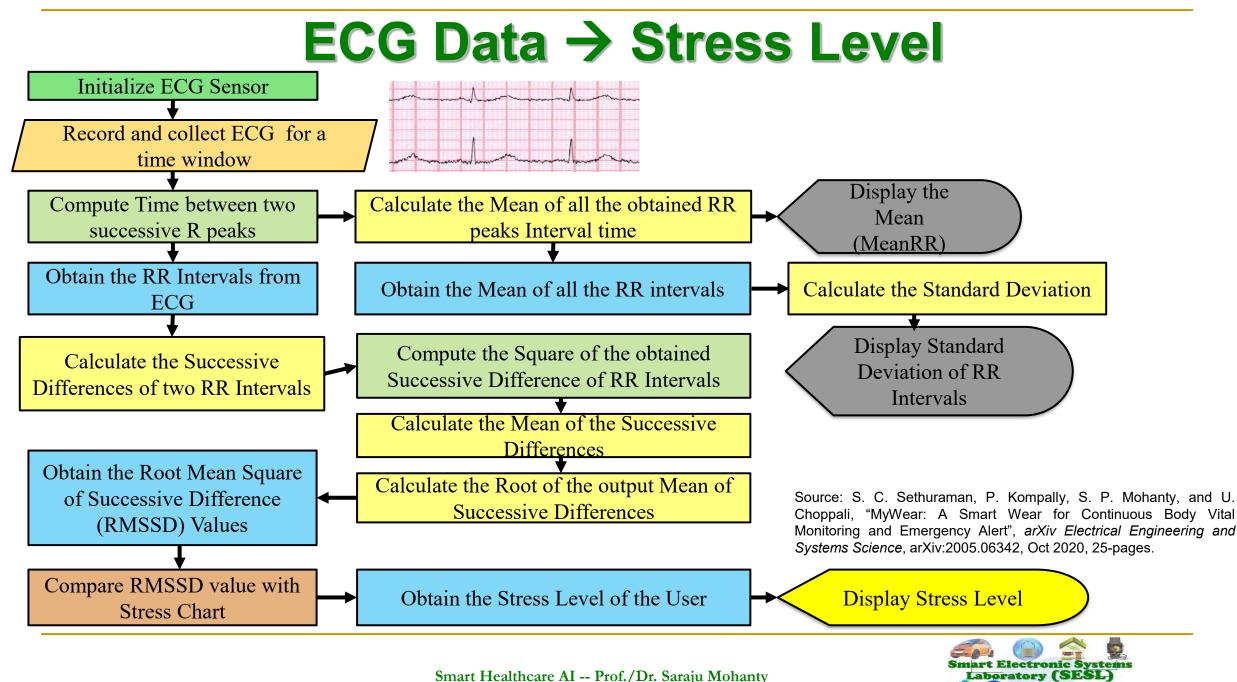


#### MyWear – DNN Model for ECG Data



Source: S. C. Sethuraman, P. Kompally, S. P. Mohanty, and U. Choppali, "MyWear: A Smart Wear for Continuous Body Vital Monitoring and Emergency Alert", *arXiv Electrical Engineering and Systems Science*, arXiv:2005.06342, Oct 2020, 25-pages.

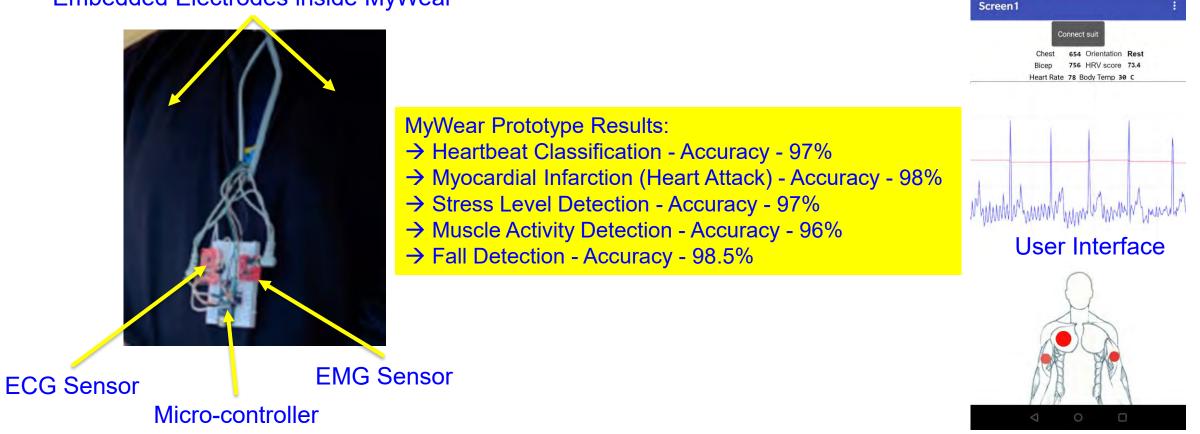




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# MyWear – A Smart Wear for Continuous Body Vital Monitoring Prototyping

Embedded Electrodes inside MyWear



Source: S. C. Sethuraman, P. Kompally, **S. P. Mohanty**, and U. Choppali, "MyWear: A Novel Smart Garment for Automatic Continuous Vital Monitoring", *IEEE Transactions on Consumer Electronics (TCE)*, Vol. XX, No. YY, ZZ 2021, pp. Accepted on 30 May 2021.



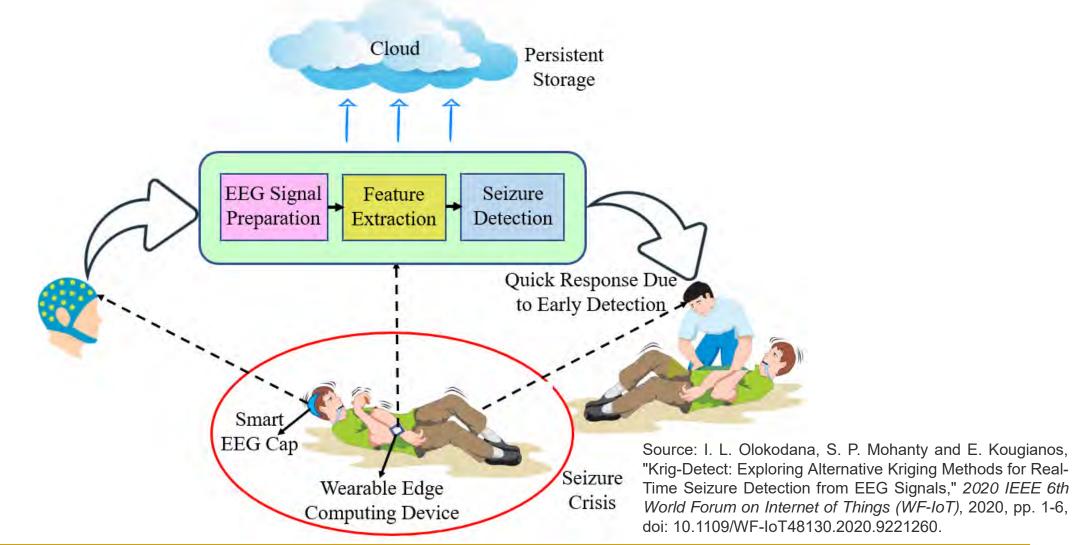
#### **Epileptic Seizure Has Global Impact**

- Up to 1% of the world's population suffers from epilepsy.
- Epilepsy is the fourth most common neurological disease after migraine, stroke, and Alzheimer's.
- Individuals can suffer a seizure at any time with potentially disastrous outcomes including a fatal complication called "Sudden Unexpected Death in Epilepsy" (SUDEP).

Source: https://www.epilepsy.com/learn/about-epilepsy-basics/epilepsy-statistics



## **Epileptic Seizure – Our Research Vision**





## **IBM's Implantable Seizure Detector**

 TrueNorth chip is postage stampsized and consumes over 1,000 times less power than a conventional processor of similar size.





Source: http://uberveillance.squarespace.com/?category=health\_care



## **Consumer Electronics for Seizure Detection**



Source: https://spectrum.ieee.org/the-humanos/biomedical/diagnostics/this-seizuredetectingsmartwatch-could-save-your-life

Embrace2: Smart-band which uses machine learning to detect convulsive Seizures and notifies caregivers.



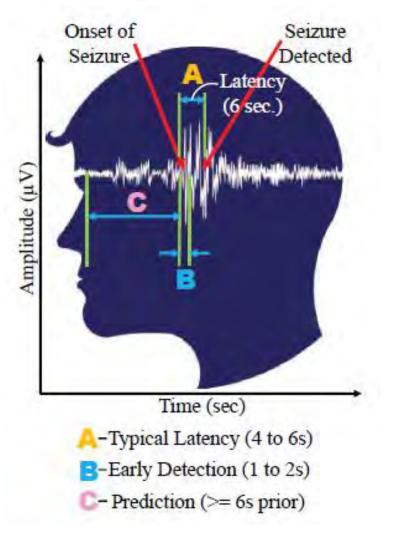
Source: https://www.empatica.com/embrace2/

 Medical grade smart watch: It detects generalized clonic-tonic Seizures and notifies physicians.



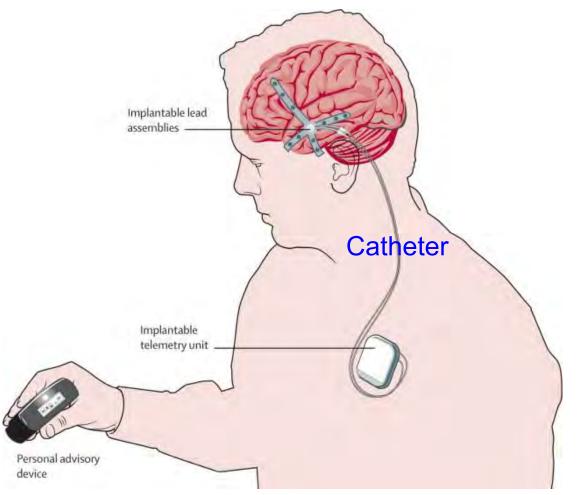
## **Drawbacks of Existing Works?**

- High seizure detection latency.
- Not suitable for real time IoMT deployment.
- Intervention mechanism after detection is lacking.



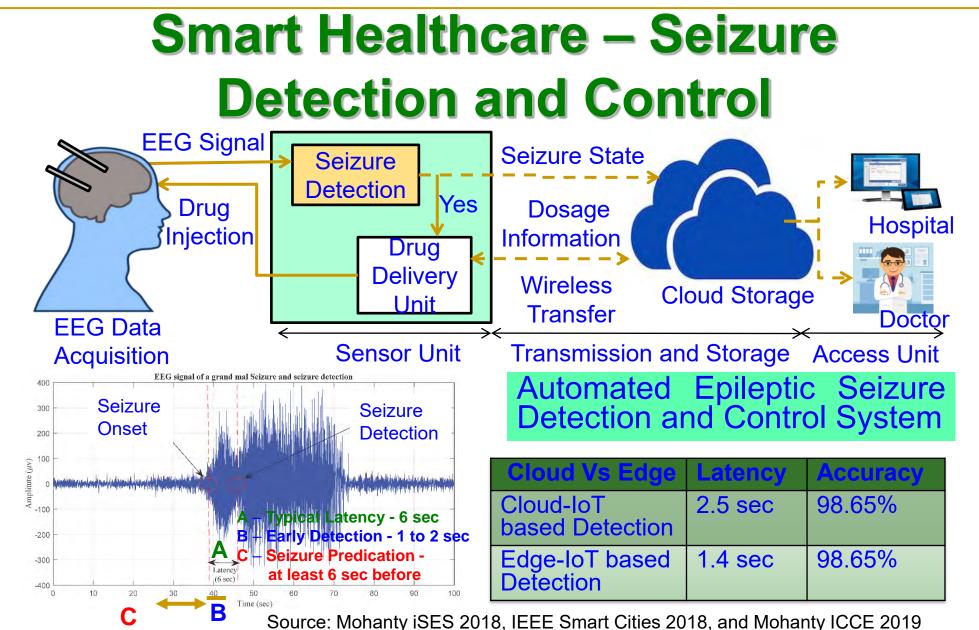


#### **Implantable for Seizure Detection and Control**



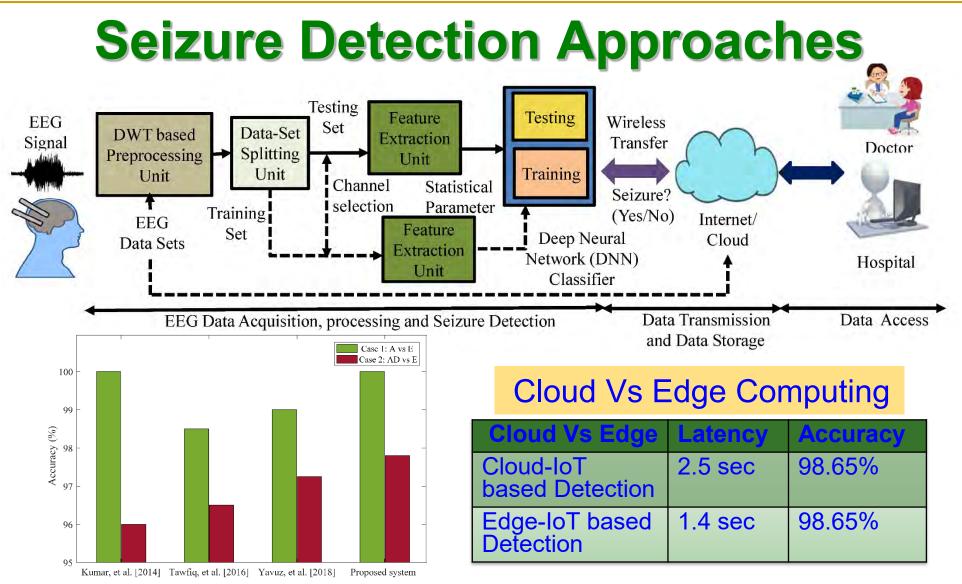
Source: https://www.kurzweilai.net/brain-implant-gives-early-warning-of-epileptic-seizure







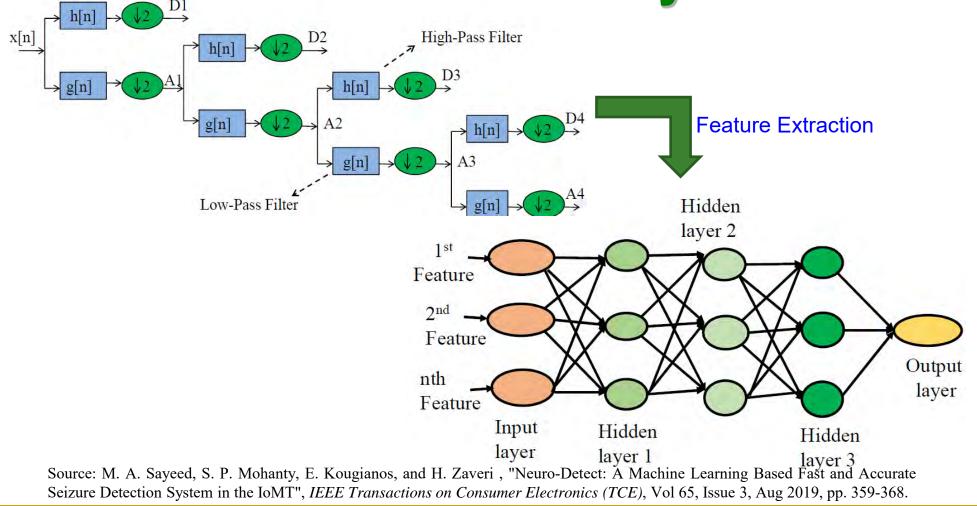
117



Source: M. A. Sayeed, S. P. Mohanty, E. Kougianos, and H. Zaveri, "Neuro-Detect: A Machine Learning Based Fast and Accurate Seizure Detection System in the IoMT", *IEEE Transactions on Consumer Electronics (TCE)*, Vol 65, No 3, Aug 2019, pp. 359--368.



## Our Neuro-Detect : A ML Based Seizure Detection System





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# Krig-Detect: Exploring Kriging Methods for Real-Time Seizure Detection from EEG Signals

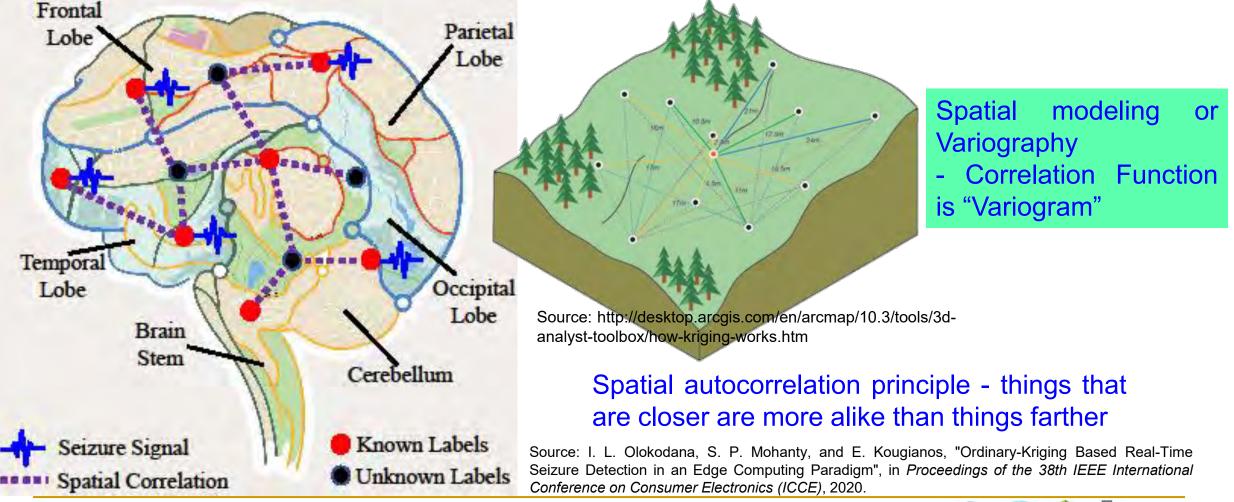
- To the best of the authors' knowledge, this is the first work where multiple Kriging methods have been used for real-time seizure detection in an edge computing paradigm.
- A novel achievement of an epileptic seizure detection latency of less than 1 second while maintaining a comparable accuracy with existing models and O(1) time and space complexity for edge computation.

Source: I. L. Olokodana, S. P. Mohanty and E. Kougianos, "Krig-Detect: Exploring Alternative Kriging Methods for Real-Time Seizure Detection from EEG Signals," in *Proc. IEEE 6th World Forum on Internet of Things (WF-IoT)*, 2020, pp. 1-6, doi: 10.1109/WF-IoT48130.2020.9221260.



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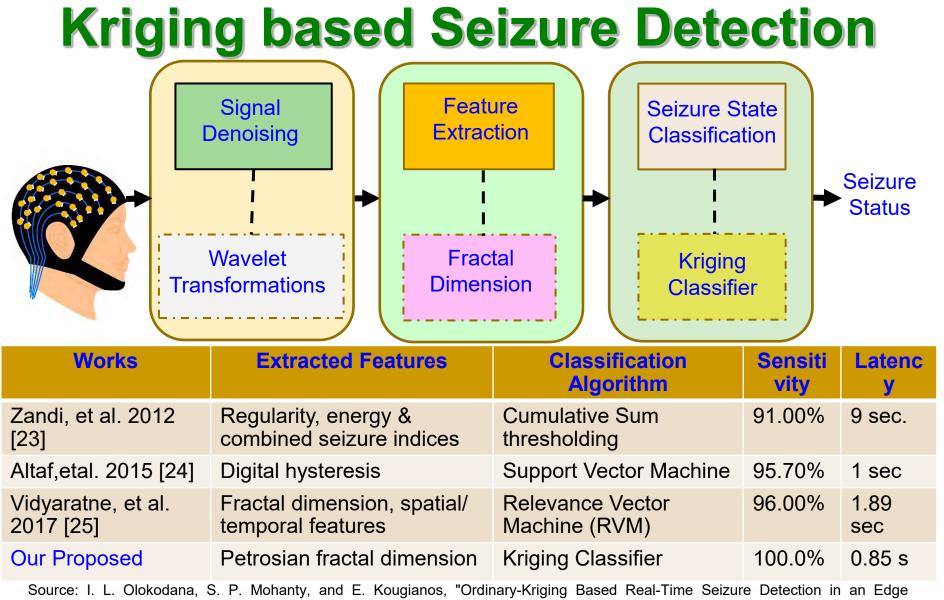
## Smart Healthcare – Brain as a Spatial Map → Kriging Methods





Smart Electronic

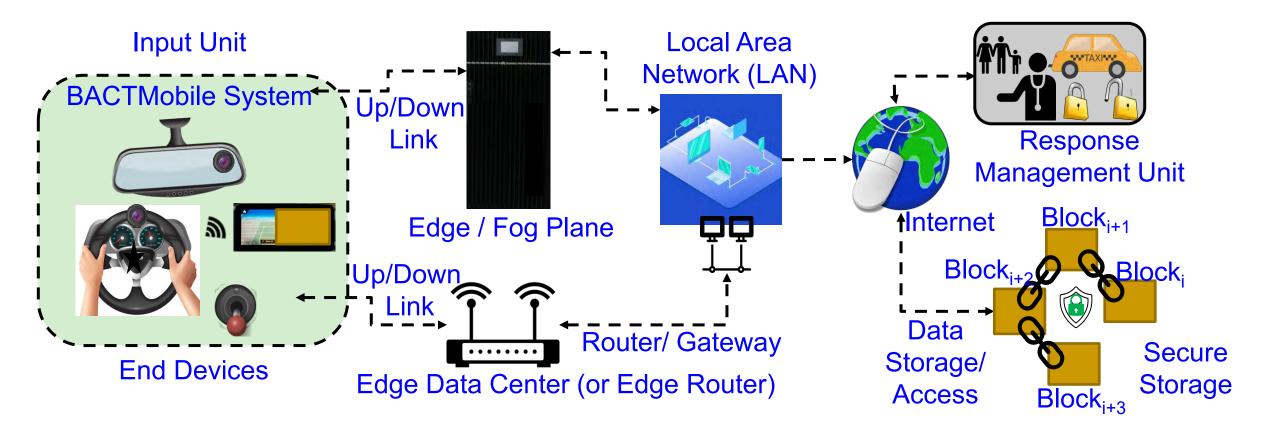
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Computing Paradigm", in *Proceedings of the 38th IEEE International Conference on Consumer Electronics (ICCE)*, 2020, Accepted.

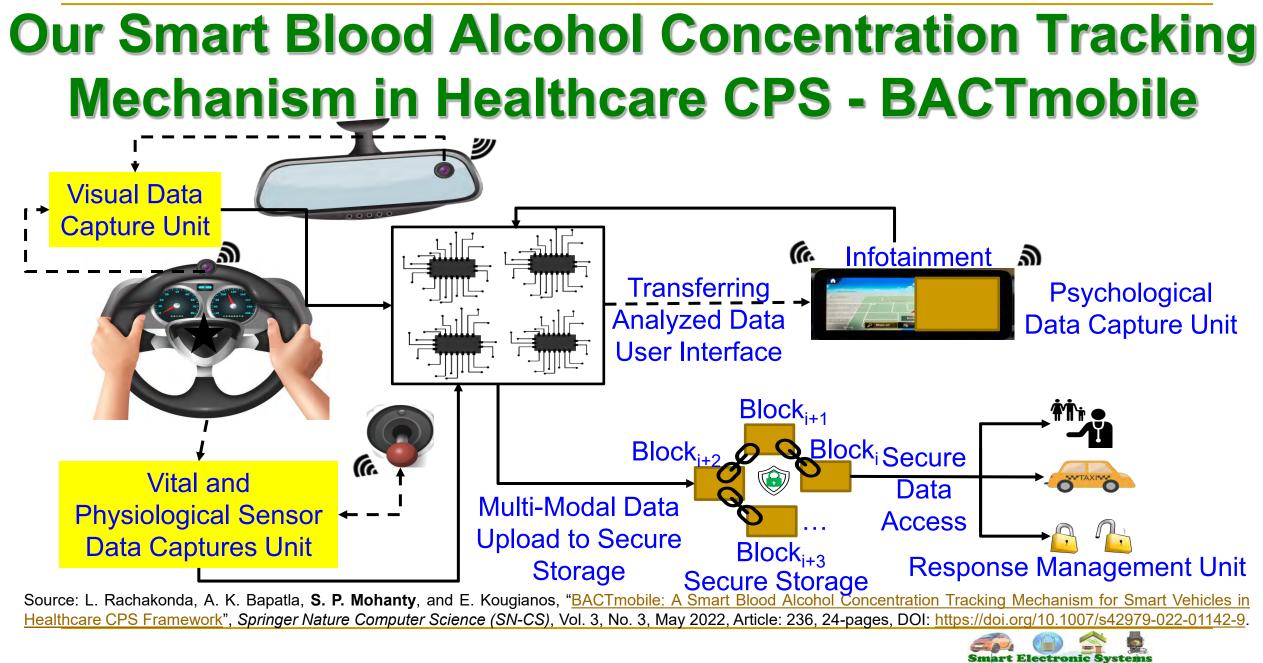


## Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile



Source: L. Rachakonda, A. K. Bapatla, **S. P. Mohanty**, and E. Kougianos, "<u>BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in</u> <u>Healthcare CPS Framework</u>", *Springer Nature Computer Science (SN-CS)*, Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: <u>https://doi.org/10.1007/s42979-022-01142-9</u>.





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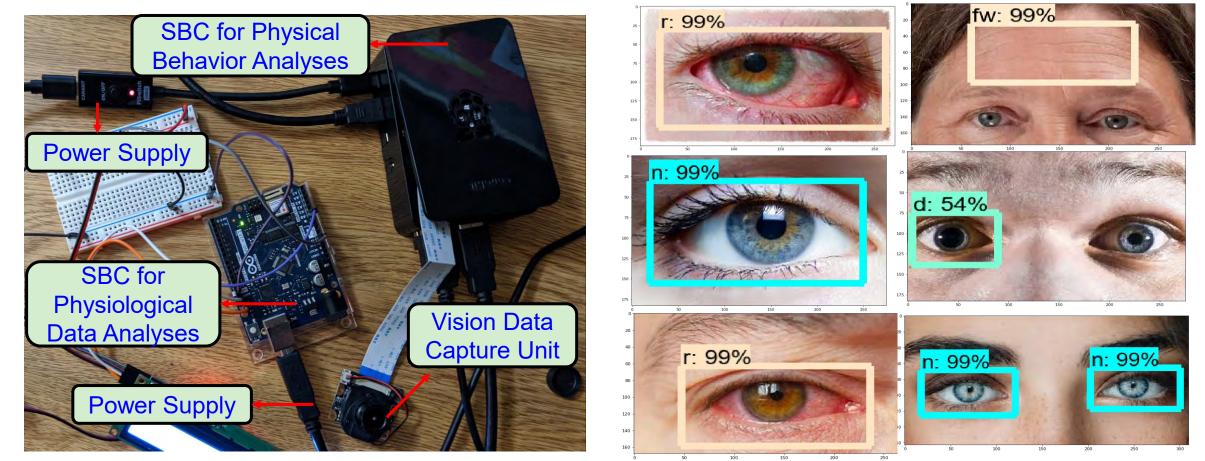
7/12/2023

#### **Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile Object Tiny DNN** Images **Classification Unit** Models with Videos Multimodal Data Object Vision Data **Detection Unit Movement Detected** Eye Movement Rate Facial Bloating Location Accelerometer Object Pupil Dilation Eye redness Facial Sweat Pressure Gvroscope Tracking Forehead Frown Eye Puffiness Ethanol Reading Automatic Vision Data nest & Abdominal Movement **Physical Behavior Data** Processing in ML Model **Physiological Data** Stress Levels BAC **Stability Respiration Rate** Skin Conductance Rate Analyses Analyses Unit **Basic Questionnaire** Blood Pressure Sugar Levels Temperatur Unit **Emotion Fluctuation Levels** Heart Rate Blood Oxygen Levels Image Based Questions Secure Help Unit Storage Unit Psychological & Cognitive Vital Data Source: L. Rachakonda, A. K. Bapatla, S. P. Mohanty, and E. Kougianos, "BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in

Healthcare CPS Framework", Springer Nature Computer Science (SN-CS), Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: https://doi.org/10.1007/s42979-022-01142-9.



## Our Smart Blood Alcohol Concentration Tracking Mechanism in Healthcare CPS - BACTmobile



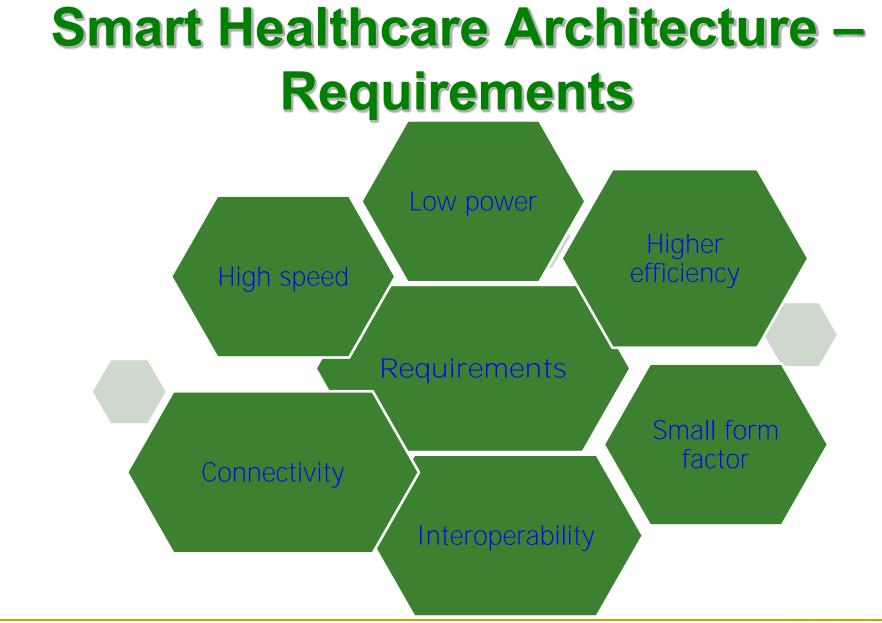
Source: L. Rachakonda, A. K. Bapatla, **S. P. Mohanty**, and E. Kougianos, "<u>BACTmobile: A Smart Blood Alcohol Concentration Tracking Mechanism for Smart Vehicles in</u> <u>Healthcare CPS Framework</u>", *Springer Nature Computer Science (SN-CS)*, Vol. 3, No. 3, May 2022, Article: 236, 24-pages, DOI: <u>https://doi.org/10.1007/s42979-022-01142-9</u>.



## Smart Healthcare – Some Challenges

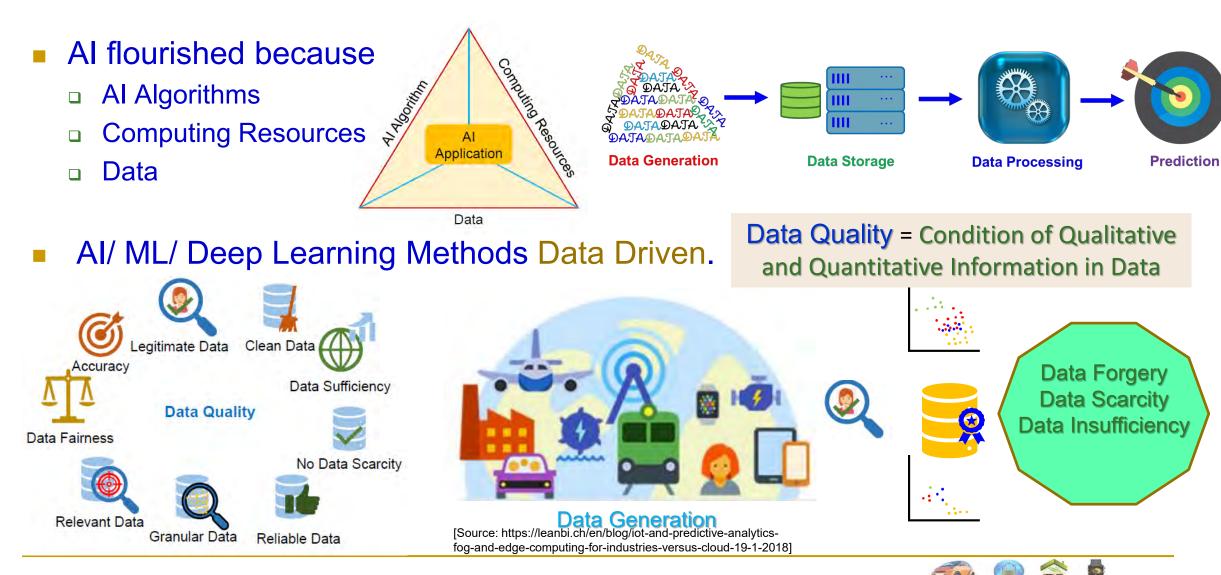


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### **Overview - AI & Data**



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**Smart Electronic Systems** 

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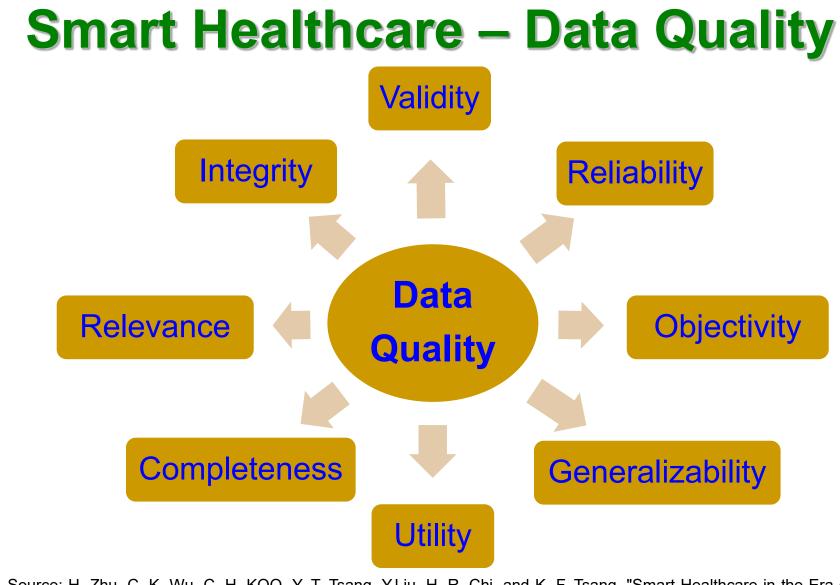
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## Challenges of Data in IoT/CPS are Multifold





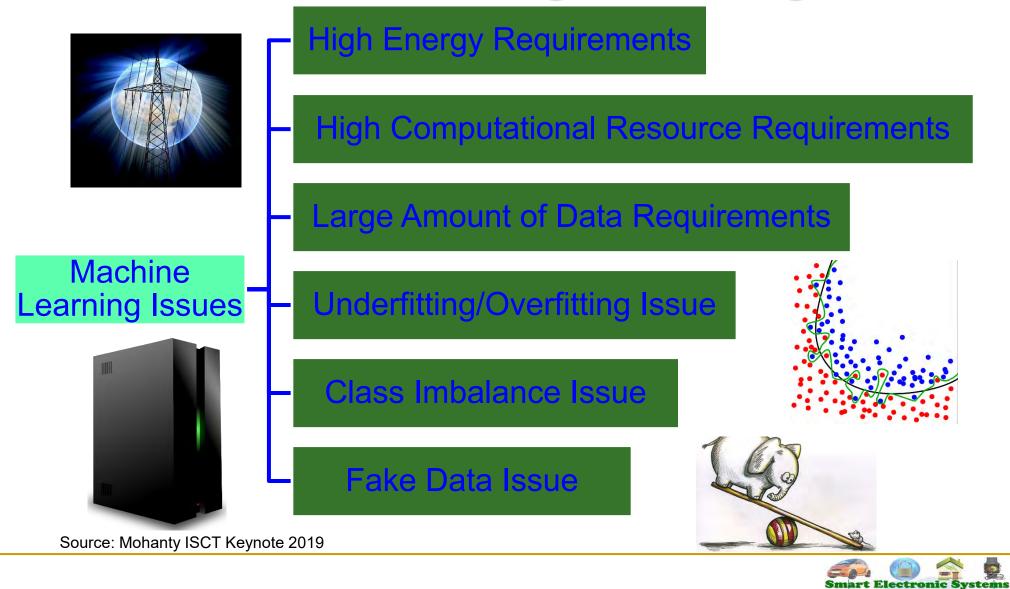




Source: H. Zhu, C. K. Wu, C. H. KOO, Y. T. Tsang, Y.Liu, H. R. Chi, and K. F. Tsang, "Smart Healthcare in the Era of Internet-of-Things", *IEEE Consumer Electronics Magazine*, vol. 8, no. 5, pp. 26-30, Sep 2019.



## **Machine Learning Challenges**



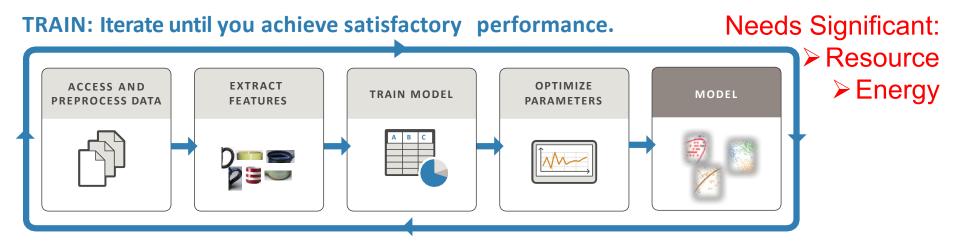
Smart Healthcare AI -- Prof./Dr. Saraju Mohanty



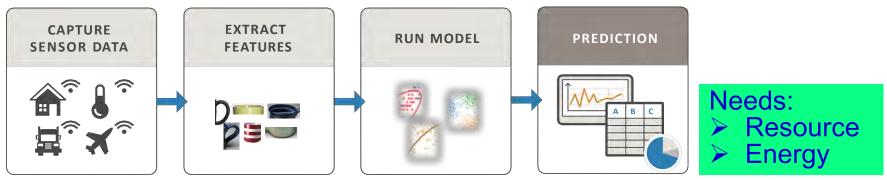
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UNT DEPARTMENT SCIENCE & EM College of Cha

## Deep Neural Network (DNN) -Resource and Energy Costs



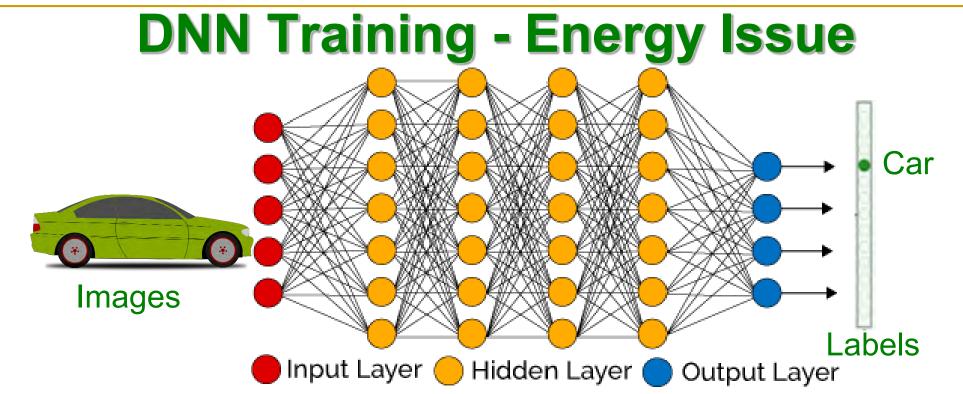
#### **PREDICT:** Integrate trained models into applications.



Source: https://www.mathworks.com/campaigns/offers/mastering-machine-learning-with-matlab.html



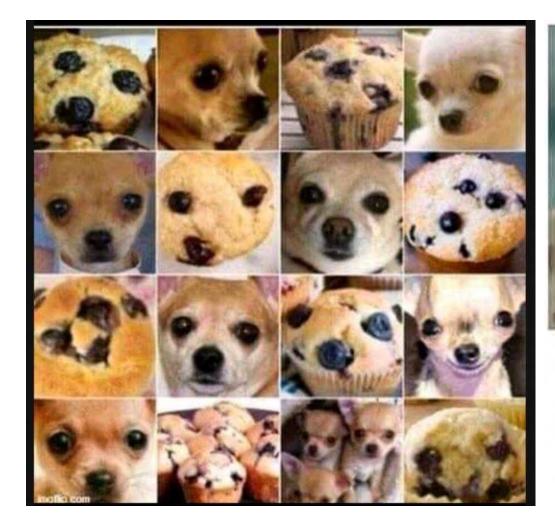
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- DNN considers many training parameters, such as the size, the learning rate, and initial weights.
- High computational resource and time: For sweeping through the parameter space for optimal parameters.
- DNN needs: Multicore processors and batch processing.
- > DNN training happens mostly in cloud not at edge or fog. Source: Mohanty iSES 2018 Keynote



## **DNNs are not Always Smart**



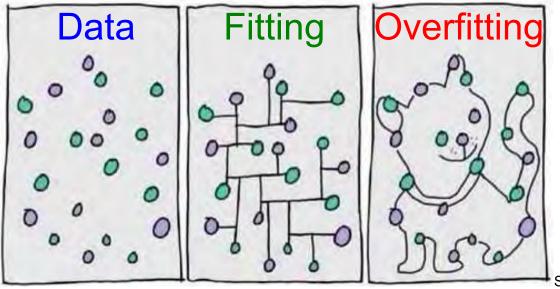


Machine learning: "I'm as intelligent as human beings". Also machine learning:



## **DNN - Overfitting or Inflation Issue**

- DNN is overfitted or inflated If the accuracy of DNN model is better than the training dataset
- DNN architecture may be more complex than it is required for a specific problem.
- Solutions: Different datasets, reduce complexity



Source: www.algotrading101.com



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### **DNN - Class Imbalance Issue**

- Class imbalance is a classification problems where the classes are not represented equally.
- Solutions: Use Precision, Recall, F-measure metrics
   Not only RMSE like accuracy metrics



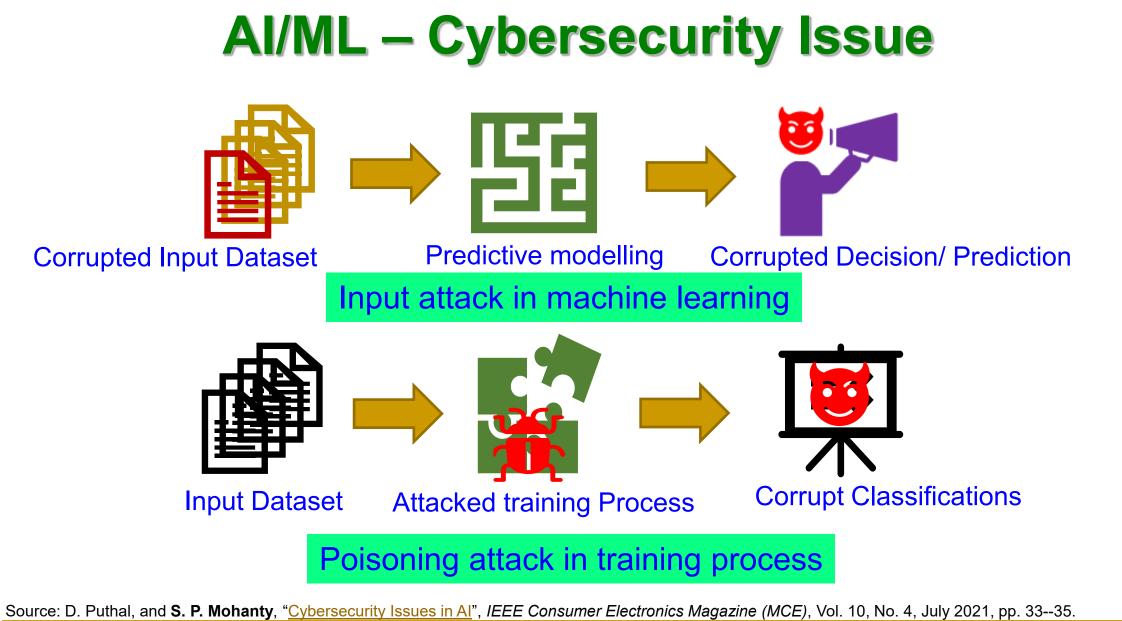


## **AI/ML - Vulnerability**

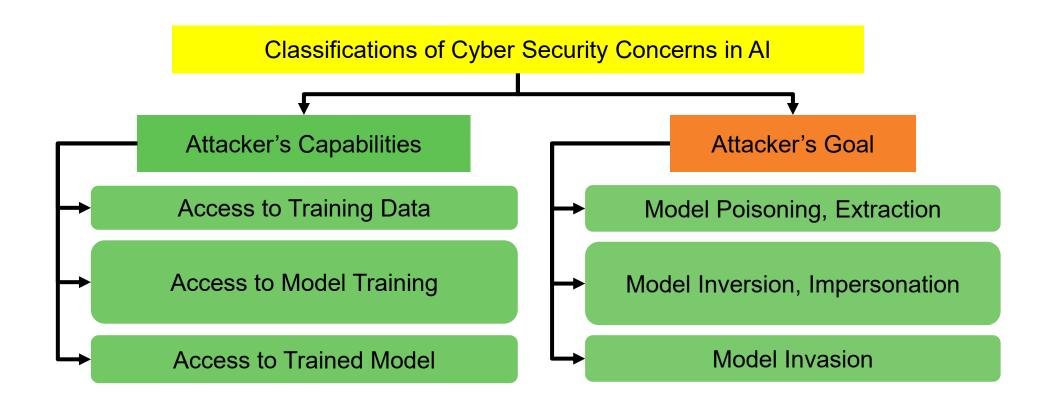
- Key vulnerabilities of machine learning systems
  - ML models often derived from fixed datasets
  - Assumption of similar distribution between training and real-world data
  - Coverage issues for complex use cases
  - Need large datasets, extensive data annotation, testing
- Strong adversaries against ML systems
  - ML algorithms established and public
  - Attacker can leverage ML knowledge for Adversarial Machine Learning (AML)
    - Reverse engineering model parameters, test data Financial incentives
    - Tampering with the trained model compromise security

Source: Sandip Kundu ISVLSI 2019 Keynote.





## AI/ML – Cybersecurity Issue

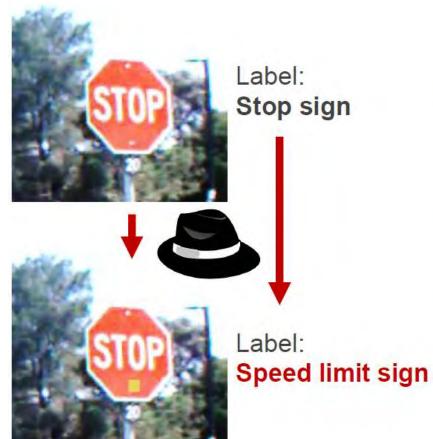


Source: D. Puthal, and S. P. Mohanty, "Cybersecurity Issues in Al", IEEE Consumer Electronics Magazine (MCE), Vol. 10, No. 4, July 2021, pp. 33--35.



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## Al Security - Trojans in Artificial Intelligence (TrojAl)



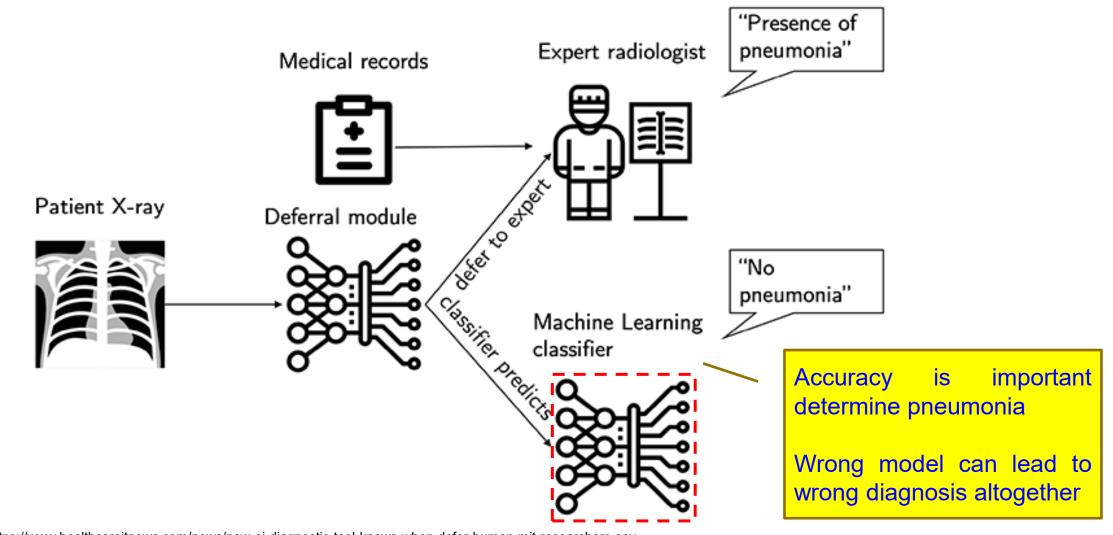


Adversaries can insert **Trojans** into Als, leaving a trigger for bad behavior that they can activate during the Al's operations

Source: https://www.iarpa.gov/index.php?option=com\_content&view=article&id=1150&Itemid=448



## Wrong ML Model $\rightarrow$ Wrong Diagnosis



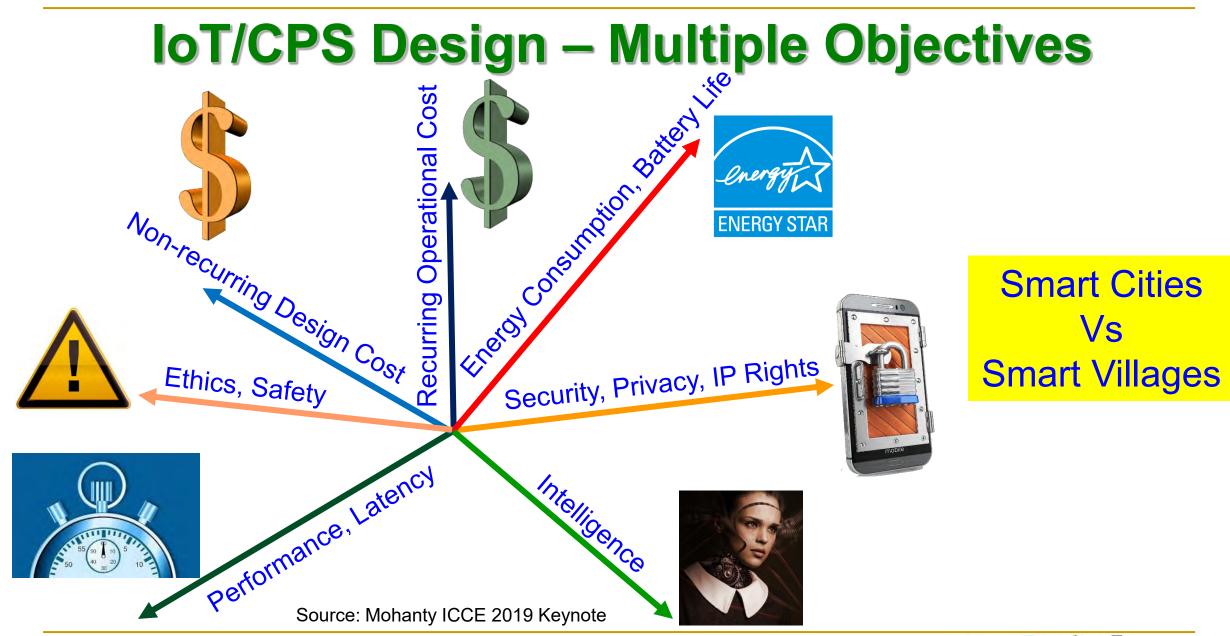
Source: https://www.healthcareitnews.com/news/new-ai-diagnostic-tool-knows-when-defer-human-mit-researchers-say



## Smart Healthcare – Some Solutions

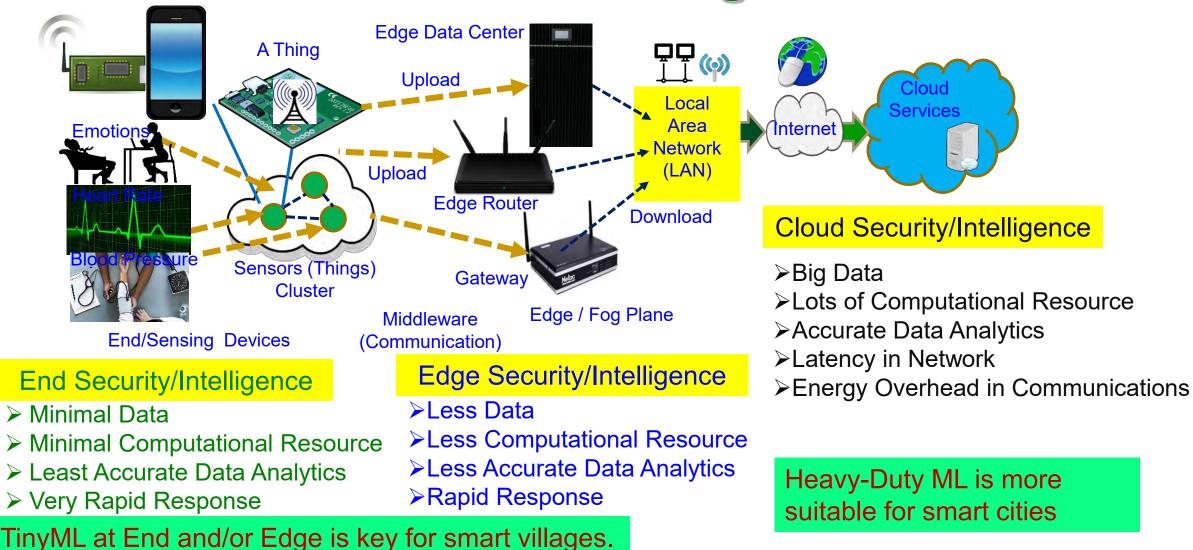


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## Smart Healthcare – Edge Vs Cloud

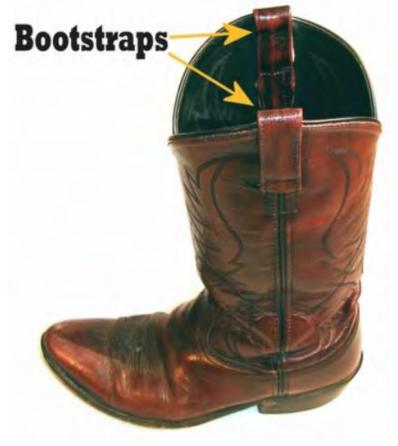




Hierarchical ML to Reduce Training Time - Bootstrapping

A Bootstrap helps in pulling on a boot.
It means solving a problem without external resources.

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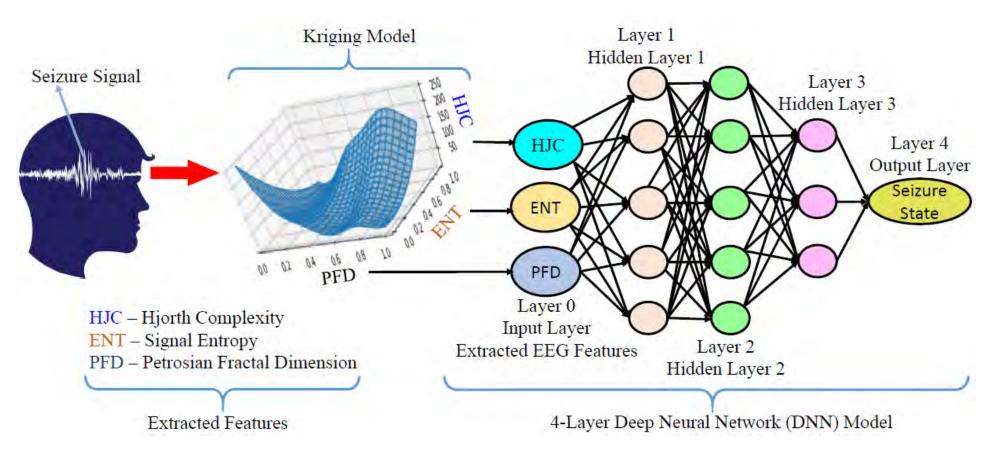


Source: http://www.lemen.com/dictionary-b.html#bootstrap

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## **Our Kriging-Bootstrapped DNN Model**

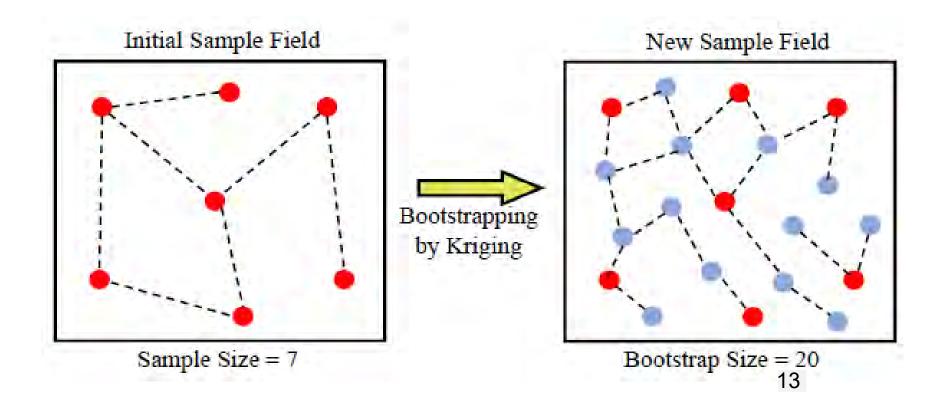


Source: I. L. Olokodana, S. P. Mohanty, and E. Kougianos, "Kriging-Bootstrapped DNN Hierarchical Model for Real-Time Seizure Detection from EEG Signals", in *Proceedings of the 6th IEEE World Forum on Internet of Things (WF-IoT)*, 2020





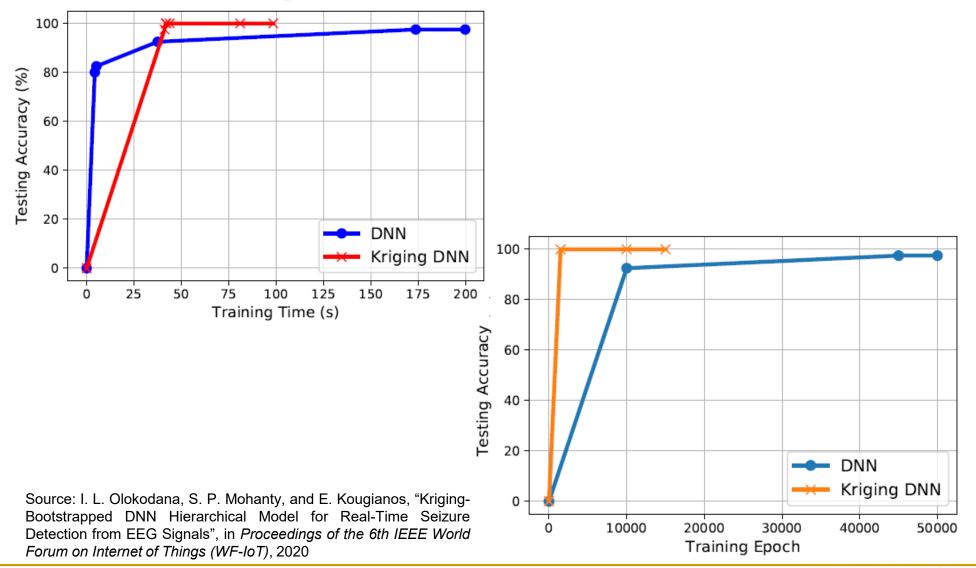
# **Bootstrapped Kriging**



Source: I. L. Olokodana, S. P. Mohanty, and E. Kougianos, "Kriging-Bootstrapped DNN Hierarchical Model for Real-Time Seizure Detection from EEG Signals", in *Proceedings of the 6th IEEE World Forum on Internet of Things (WF-IoT)*, 2020

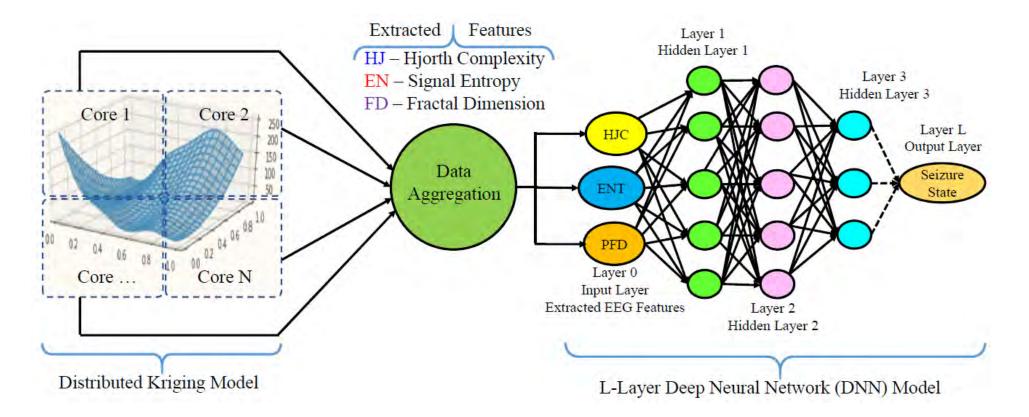


#### **Experimental Results**





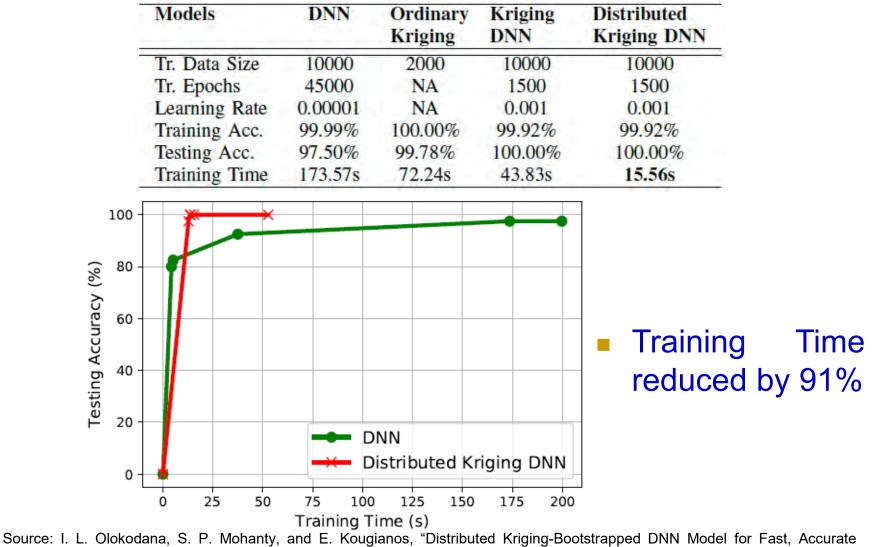
# Our Distributed Kriging-Bootstrapped DNN Model



Source: I. L. Olokodana, S. P. Mohanty, and E. Kougianos, "Distributed Kriging-Bootstrapped DNN Model for Fast, Accurate Seizure Detection from EEG Signals", *Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI)*, 2020.



#### **Experimental Results: Dataset A**

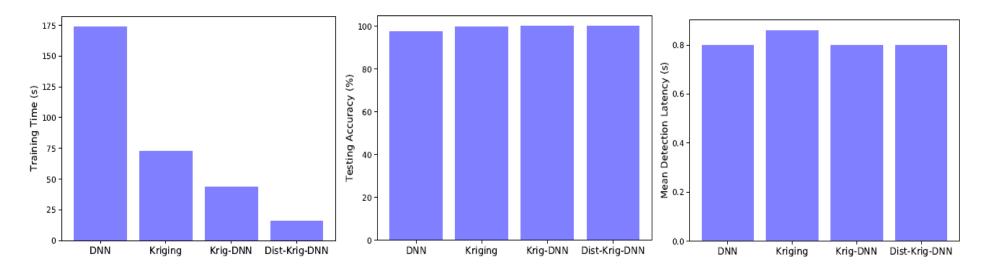


Seizure Detection from EEG Signals", Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI), 2020.



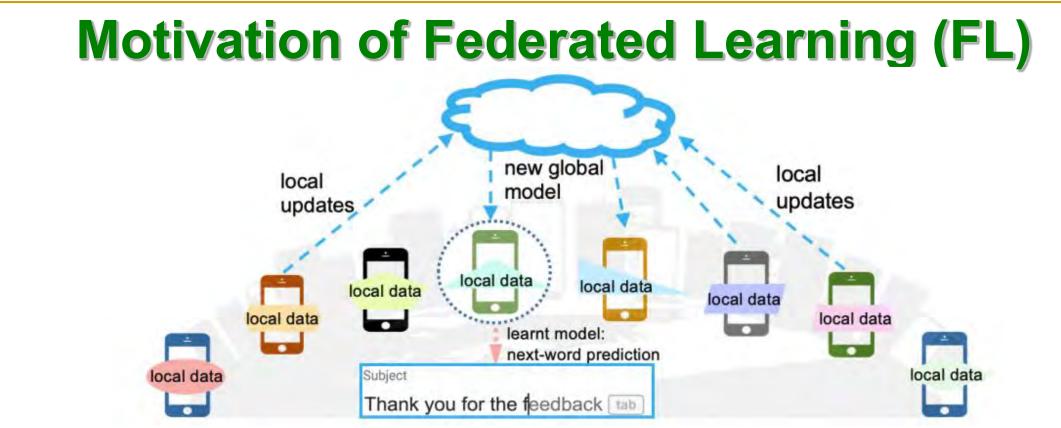
#### **Experimental Results: Dataset A**

Models	Detection Latency
DNN	0.80s
Ordinary Kriging	0.86s
Krig-DNN	0.80s
Dist-Krig-DNN	0.80s



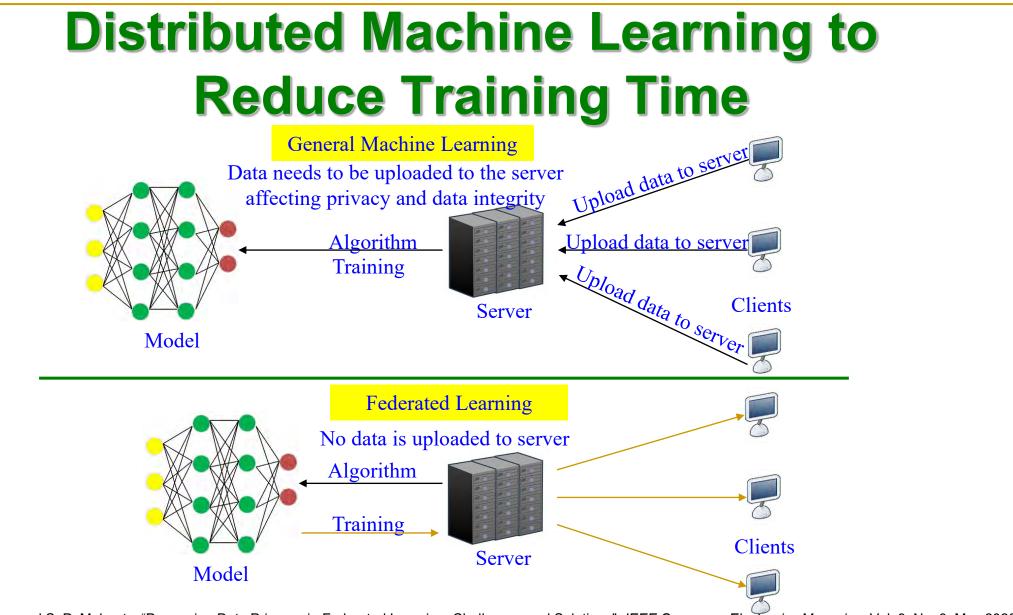
Source: I. L. Olokodana, S. P. Mohanty, and E. Kougianos, "Distributed Kriging-Bootstrapped DNN Model for Fast, Accurate Seizure Detection from EEG Signals", *Proceedings of the 19th IEEE Computer Society Annual Symposium on VLSI (ISVLSI)*, 2020.





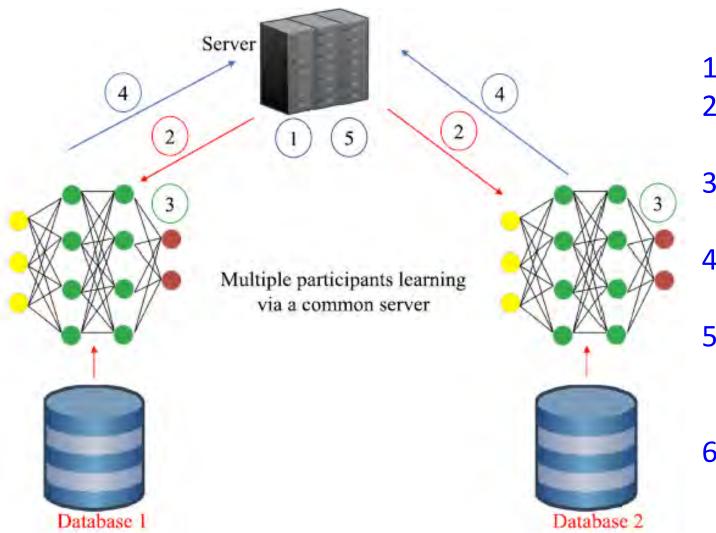
- Quality data exists at different location on various edge devices.
- Data privacy laws control the movement of data.
- FL is the way to provide ML solution without breaking privacy laws.





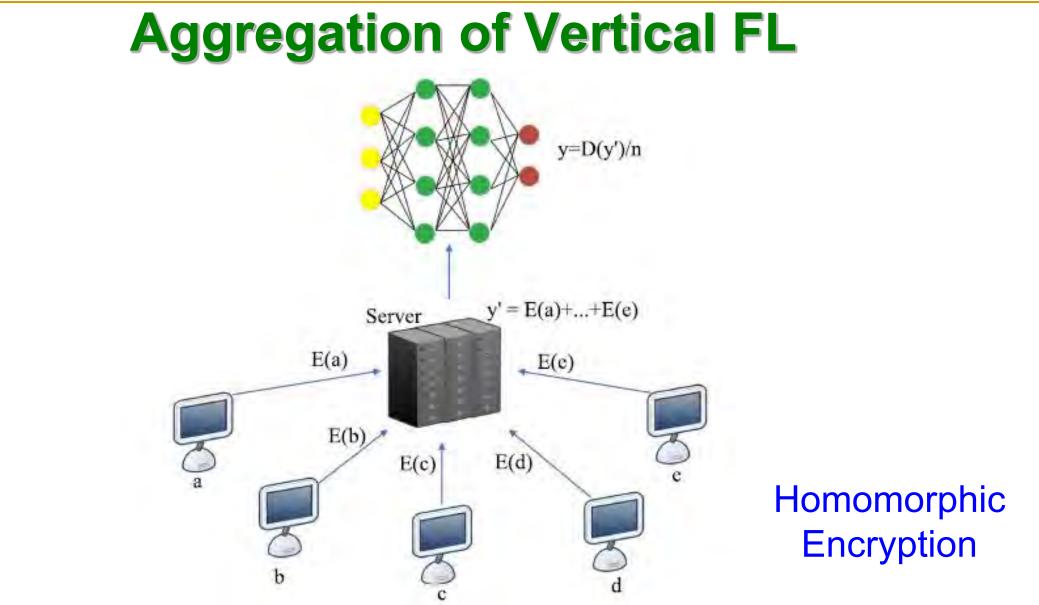


# **Horizontal FL System**



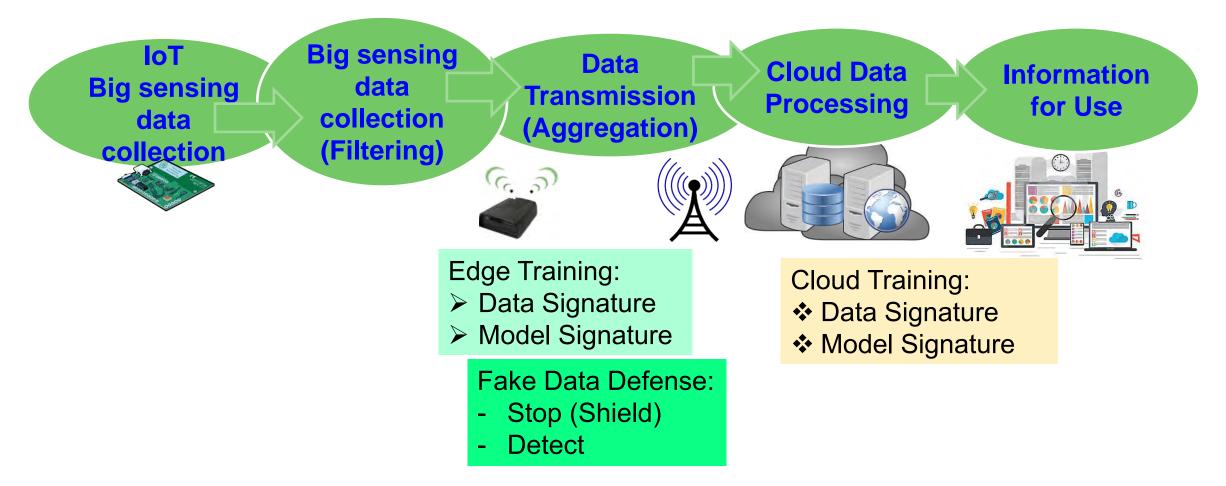
- 1) Train global model in the server.
- 2) Deploy global model to edge devices.
- 3) Optimize model from each edge device.
- 4) Upload locally trained model update.
- 5) Average the update values and apply the average to the global model.
- 6) Repeat step 2 to step 5.





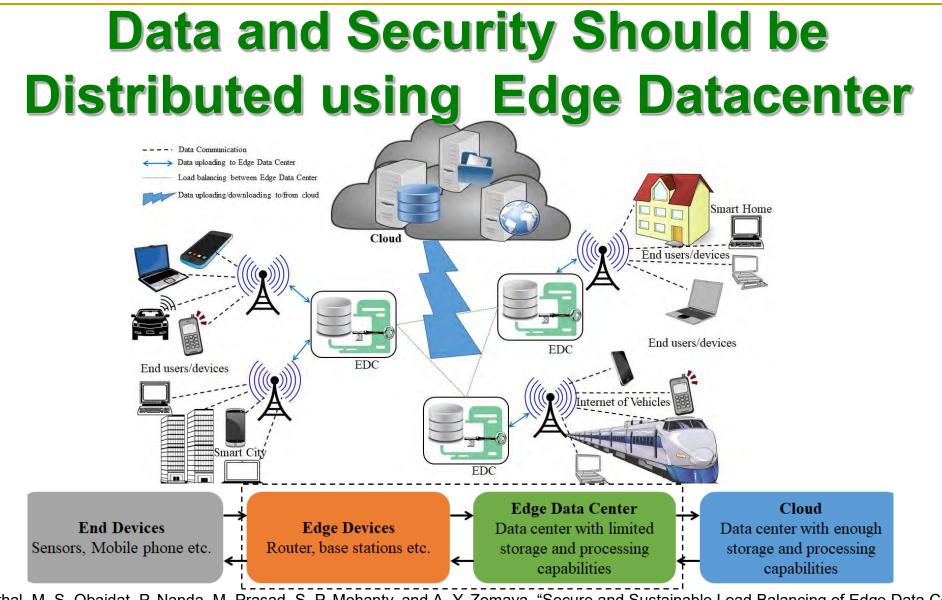


# **Secure Data Curation a Solution for Fake Data?**



Source: C. Yang, D. Puthal, S. P. Mohanty, and E. Kougianos, "Big-Sensing-Data Curation for the Cloud is Coming", *IEEE Consumer Electronics Magazine (CEM)*, Volume 6, Issue 4, October 2017, pp. 48--56.

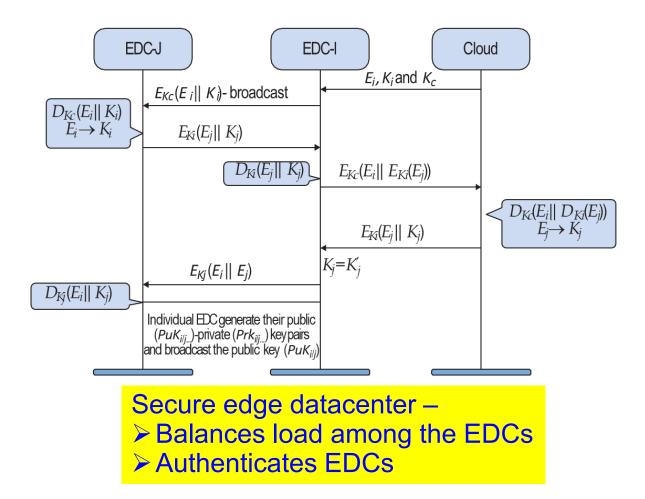




Source: D. Puthal, M. S. Obaidat, P. Nanda, M. Prasad, S. P. Mohanty, and A. Y. Zomaya, "Secure and Sustainable Load Balancing of Edge Data Centers in Fog Computing", *IEEE Communications Magazine*, Volume 56, Issue 5, May 2018, pp. 60--65.



#### **Our Proposed Secure Edge Datacenter**



Algorithm 1: Load Balancing Technique

1. If (EDC-I is overloaded)

- 2. EDC-I broadcast (E<sub>i</sub>, L<sub>i</sub>)
- 3. EDC-J (neighbor EDC) verifies:
- 4. If (E<sub>i</sub> is in database) & (p≤0.6&L<sub>i</sub><<(n-m))
  - Response E<sub>Kpui</sub>(E<sub>j</sub>||K<sub>j</sub>||p)
- 6. EDC-I perform  $D_{Kpr_i}(E_j||K_j||p)$

7. 
$$k'_j \leftarrow E_j$$

5.

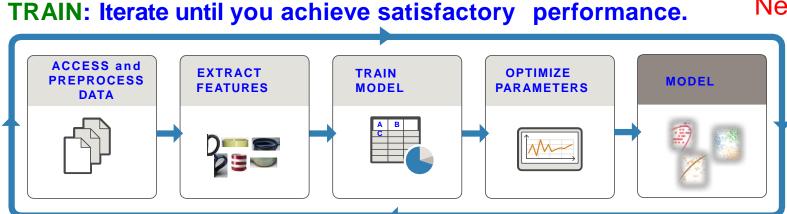
8. If 
$$(k'_j = k_j)$$

Response time of the destination EDC has reduced by 20-30% using the proposed allocation approach.

Source: D. Puthal, M. S. Obaidat, P. Nanda, M. Prasad, S. P. Mohanty, and A. Y. Zomaya, "Secure and Sustainable Load Balancing of Edge Data Centers in Fog Computing", *IEEE Communications Magazine*, Volume 56, Issue 5, May 2018, pp. 60--65.



# **TinyML - Key for Smart Cities and Smart Villages**



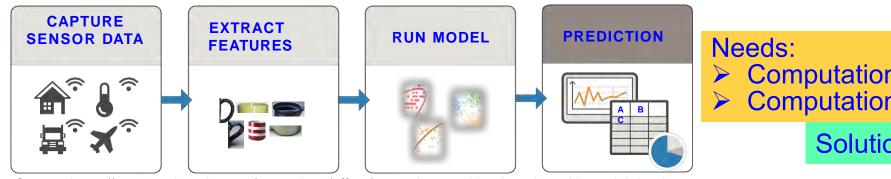
Needs Significant:

Computational Resource

Computation Energy

Solution: Reduce Training Time and/or Computational Resource

#### **PREDICT:** Integrate trained models into applications.

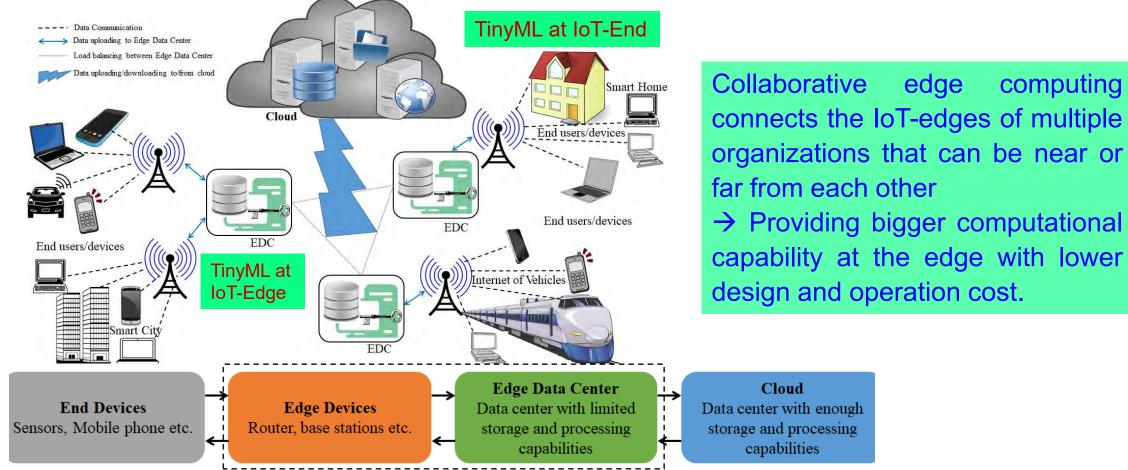


Source: https://www.mathworks.com/campaigns/offers/mastering-machine-learning-with-matlab.html





# **Collaborative Edge Computing is Cost Effective Sustainable Computing for Smart Villages**

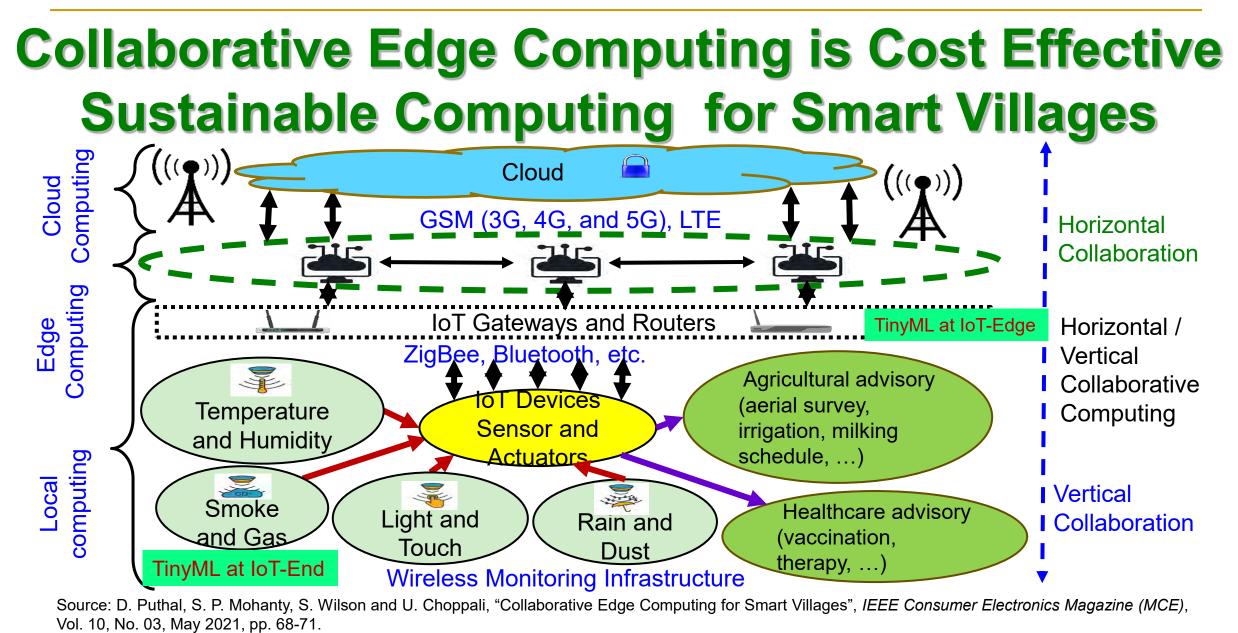


Source: D. Puthal, M. S. Obaidat, P. Nanda, M. Prasad, S. P. Mohanty, and A. Y. Zomaya, "Secure and Sustainable Load Balancing of Edge Data Centers in Fog Computing", IEEE Communications Mag, Vol. 56, No 5, May 2018, pp. 60--65.



edge

computing





# **Conclusions and Future Research**





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Smart Healthcare AI -- Prof./Dr. Saraju Mohanty

### Conclusions

- Healthcare has been evolving to Healthcare-Cyber-Physical-System (H-CPS) i.e. smart healthcare.
- Internet of Medical Things (IoMT) plays a key role smart healthcare.
- Smart healthcare can reduce cost of healthcare and give more personalized experience to the individual.
- IoMT provides advantages but also has limitations in terms of security, and privacy.



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### **Future Research**

- Machine learning (ML) models for smart healthcare needs research.
- Internet-of-Everything (IoE) with Human as active part as crowdsourcing need research.
- Tiny-ML or Edge-AI for smart healthcare needs research.
- Security of IWMDs needs to have extremely minimal energy overhead to be useful and hence needs research.



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